

A Kensington writer's story of life at Synanon

(Continued from Page 1)

noted psychologist Abraham Maslow.

"Now there is a lot of prior warning," he said. "There was no prior warning in the '60's."

Gerstel said once he had been with Synanon for two years he was so segregated from the outside world that he could not imagine leaving. Part of that was due to something he had made up for himself called his "rotten story," a Synanon tradition left over from the days when most members were "dope fiends."

The "rotten story" is essentially a depiction of the Synanon member before he came to Synanon and benefited from the wisdom of Dederich. Drug addict or not, a member's rotten story was always some variation of the same tale: I was helpless before I came here, and I could not live outside of Synanon.

Gerstel said he had become convinced that he was crazy before belonging to Synanon. Though he describes the general process in some detail, he left out much description of his own rotten story, other than to say he described himself as a "pathological rebel."

"I didn't go into my rotten story because it was total fiction. I wasn't going to denigrate myself on the printed page," he said.

Gerstel became disillusioned with Synanon as he realized that it would be increasingly difficult for him to pursue his joint ambitions of being a writer and a builder at the same time he was a member. He said he was also

dismayed with the violent turn the once pacifist group had taken, with the organization of the younger members into paramilitary "punk squads."

"I was irritated with Synanon on a lot of counts," he said. "My wife thinks that I was becoming a real problem for Synanon, but I was really stupid. I hadn't gotten around to criticizing Dederich."

Gerstel met his future wife Sandra in Synanon, and both of them grew disillusioned with the organization, and ultimately, its founder Dederich. But ironically, he said, neither of them thought they could share their feelings with the other, because of the way Synanon discourages any negativity about itself.

"Sandra would have talked to me about it but I wouldn't permit it," he said. "I was trying to protest, but if anyone else did, I wouldn't let them. I was a Synanon zealot."

Other than an account of his rotten story, Gerstel's book leaves out little of Synanon's sometimes sordid history. For the five years that he was a member, he relied heavily upon his own memory, but for Part III of the book, and the years since he left, Gerstel relied upon hours of taped interviews, court records, and press accounts. That part of the book, particularly the charges of criminal activity, could turn out to be sticky for Gerstel.

In the years since 1977, Synanon has perhaps filed more libel and slander suits, and issued more demands

for retraction than any other organization in the country. It is just that reputation that scared off the media when it came to reporting about Synanon's protracted \$42 million slander suit against KGO-TV in San Francisco.

But Gerstel was not scared off, he said, because he knew that whatever he wrote Synanon might ultimately decide to sue anyway. He said he knew he shouldn't worry about a decision that was out of his hands, so he just decided to tell the story as fairly as he could.

"Suing is a business for Synanon," he said. "It doesn't matter whether it is controversial or noncontroversial or dramatic or bland."

If he is to be sued, though, Gerstel said he imagines KGO will sue in conjunction with one of the three wealthy television networks, whose talk shows Gerstel has appeared on as part of the book's promotional campaign.

Much of the material in the book comes from the personal journals that Gerstel has kept since he was a child. Had he not joined Synanon to avoid the draft, he said he would probably have tried to attend Columbia Journalism School in New York.

In order to include dialogue in the book, Gerstel resorted to the device used by many journalists of reconstructing dialogue in the passages where taped records were not available. In all of those instances though, he said the conversation was standard, just part of Synanon's continual

PARADISE INCORPORATED: SYNANON

Gerstel

★ PRESIDIO

PARADISE INCORPORATED: SYNANON

A Personal Account by DAVID U. GERSTEL

self-hype.

"What you're reading pitches, missionary pitches. These are speeches that over and over."

He worked on his book three of the last five years far cry from the one year he had hoped to complete. His first drafts, written since Synanon, were so bad, he said, that he lost his capacity for reason at Synanon.

"All I could do was write," he said.

Gerstel is not preaching. Far from it, he says he has never really got anything out of Synanon, quite a statement one to make about a group that took up five years of his life.

Of all the things he has seen come from his book, the most important for Gerstel is recognition from a large company, so that he can work with his project to books.

One of the books he wrote would be a retelling of the so-called "rotten" account of the late Rev. Jim Jones' Peoples Temple projects are more detailed than the one he wrote (he dated Jesse Helms in Raleigh), a novel about a man growing up in the his pet project, a book about a step-parent.

El Cerrito's Home Chore Service Program rescued

(Continued from Page 1)

unable to handle the work themselves. It also enables people who might otherwise have to be placed in board and care facilities to remain in their own homes.

The El Cerrito office alone gets some 150 requests a month for workers and has a hard time filling them. The workers perform such services as housekeeping, cooking, driving, shopping assistance, gardening and other yard work, minor home repairs and personal care.

Founded in 1962 by Retirement Jobs, the program was set up locally by Richmond gerontologist Marilyn Lane.

Lane established policies that differed somewhat from traditional Retirement Jobs practice but proved very effective and have been continued by her successors, Ethel Smedley and Boone.

One innovation was to open the jobs to persons 18 years of age instead of limiting them to those 55 and over. Another was the setting up of a screening process — involving interviews and references — to assure employee-employer compatibility.

"We were looking for people with empathy for older people," she said. "We checked each work applicant closely for both job and character reference. Many of our clients prefer older workers, but we've had a lot of young people who worked out very well."

Aaron Goldberger, who acted as county coordinator for the Retirement Jobs project, will continue in that role under the new contract with Home Health & Counseling, which provides a variety of important services for the elderly and handicapped.

Men or women interested in

plying for home work assignments can contact the El Cerrito office by phoning 233-2419 week days between 9 a.m. and 1 p.m. through July.

Beginning Aug. 1, they can call the Home Health & Counseling Service at 234-6337 between 8 a.m. and 5 p.m.

Pay is negotiated with the employers and runs around \$4 an hour on the average. It has proved a valuable supplement to many retirees on fixed incomes as well as bringing important in-home care at low cost to shut-ins.

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TIMES JOURNAL

CHARTER

(Continued from Page 1)

from agreement, as was demonstrated when Police Lt. Jerry Martin presented the council with a list of 12 areas where the charter should be left unchanged.

The Police Department, through Martin, has vowed to oppose any changes to the charter it sees as weakening the job protections now afforded civil service employees. That Martin views the current proposal as doing that is clear from a memo he wrote to all officers in the Police Department's daily bulletin last week:

"The city attorney's latest civil service charter/ordinance draft of July 8 has been placed in the squad room folder. Please read same carefully. It effectively neutralizes employee protections in the charter."

Though Martin acknowledged that

most of his 12 points are included in the proposed ordinance to be enacted by the City Council once it has the power to do so, he said he opposes putting basic "employee protections" in an ordinance, where they would have "a decided lack of permanence."

At the root of his objections is the belief that at the hands of the City Council, police officers will face the decisions from a sometimes capricious body.

When asked for an example of that capriciousness, Martin pointed to the council's recent approval of a \$100 fee for ambulance service, which he said was shuttled past people with only one day's prior notice, giving his department and the public no time to respond. The council had informally discussed the fee for several weeks.

But Martin's opinion was shared by four members of the council who have made it clear they would prefer to retain the most general language. Only council member Jim Jones believes the charter should be more detailed than that of a city attorney and member of the service board.

After the council had and essentially reinvented the charter the first three points, Harry Rubin, the Civil Service Board, said members they were going wrong way and putting back into the charter.

At that point the city directed the city attorney to a new version of the amendment, from which up next week.

DANGER

(Continued from Page 1)

truth is, the equipment is unable to get in around the narrow window, making access to the 50 or 60 homes difficult, Markert said.

Markert wants Beloit Avenue to be repaired as quickly as possible so that access to those homes can return to

normal conditions. "I'm for the whole community in an extreme fire hazard area," he said.

Meanwhile, homeowner Wylene Bryant is trying to untangle a maze of letters from county, state and federal

officials — all aimed at getting an agency to repair the road above her home.

Officials have estimated the road would cost about \$200,000 to repair, Beloit Avenue.

But Contra Costa County says that they don't have the money to repair the road. State and federal funds are also not available for county road repairs, Bryant said.

A distraught-looking mother of two children, said, "I'm in the whole situation, and that no one will do anything."

Since the home was built, the Bryants have moved to the state, but Bryant is still in her Beloit Avenue home, which had lived for 16 years, other until the slide occurred. "I am about to lose my life savings," she said.

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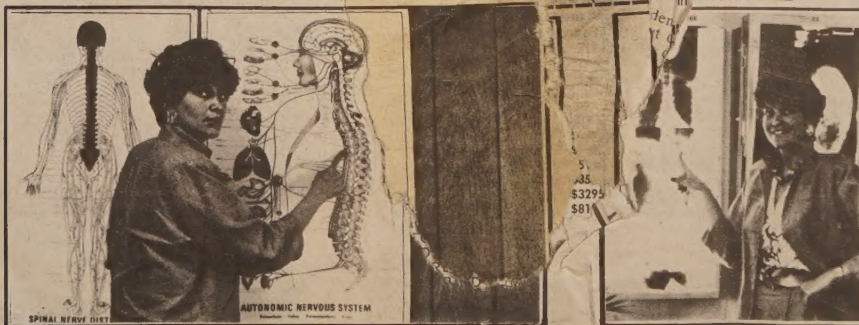
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Sliding from the skating rink to the gymnasium

Exercise teacher recalls life on ice

By PENELOPE KRAMER

CERRITO — The day Carol Heath, then 19, left for Hershey, Pennsylvania, to audition for the Ice Follies, she got a shock. "I nearly had a nervous breakdown," Heath said. "I nearly had a nervous breakdown."

Heath said she never felt cheated of a childhood. "I knew right from the start that she wanted to make a career out of it. I don't remember a thing," she said. "Well, so did I, but I did it." She must have been so certain, she said with a laugh, because "sooner or later another life" she had already been a performer. Her father's family had been circus performers in the past.

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Carol Heath: Life off the ice

-Times Journal photo by Chris Gilbert

But the biggest event in the tour was the Holiday on Ice trip to Russia, during which the troupe took a dancing class with the Bolshoi Ballet and had dinner with then Soviet premier Nikita Khrushchev.

The Russian invitation was the first time that country had opened its doors to Western performers, sending the Bolshoi and a circus to America in exchange for Holiday on Ice.

"It was a wonderful experience, but I would not advise anybody to stay there for six months," Heath said. "Three weeks — maybe."

"It's real grim. We had the best they had to offer and that was lousy."

The group was "herded around like cattle," and prevented from talking to people. Twice, Heath was arrested by Russian police for accidentally taking pictures of things the Russians didn't want photographed (including one of women laying railroad tracks) and she had to be bailed out by the United States embassy.

"That was one of the better things that happened," she said.

When she left Holiday on Ice, she performed for two years in an ice "extravaganza" at Chicago's Hilton hotel with skating partner Daniel Eastman, who later became a makeup artist. She then married, settled into suburbia, had two daughters, and "stagnated."

"I was very fat," Heath recalled. "My maximum weight was 170 pounds. I looked like a polar bear."

After her divorce two years ago, she joined a dance-exercise class and "suddenly found myself getting back into shape."

"I have never felt better in my whole life than I do now," she said, "and I'm 41."

She did so well, she was invited to teach.

"Energetics" is an improvement over other exercise classes, Heath said, because it provides a more complete workout.

"There are no insignificant moves," she said. "Every move has a meaning. This is for a serious person who really wants to work out and stay in shape."

"We have men in the class and they're lucky if they can keep up."

But, she said, beginners also feel comfortable, because each exercise includes alternative, less demanding moves.

For information about classes, call 525-2436.

etchings local hall

andscape etchings by artist Elizabeth will be on display at UC-Berkeley's Lawrence Hall of Science Sept. 15.

Heath has used the income of etching to capture the lives of Europe and America in color. For more information, call 642-5132.

Lawrence Hall is open daily from 10 a.m. to 4:30 p.m. on Tuesday evenings. Admission is \$1.50 for adults, \$1.00 for children and senior citizens. Free for young people 12 and under and LHS members.

history planned

CERRITO — The Contra Costa County history will be taught on days, Aug. 4 and 5.

Classes meet from 10 a.m. to 12 p.m. and will be held at the Open House Stockton St. (the library); 526-

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Let the good times roll

By ROBERTA ALEXANDER

Lately I have been hearing rumors that I am considered cranky and hard to get along with. Nothing could be further from the truth. I admit that my critical faculties are well-developed, that I am bored by stupidity and that I find certain solemnities rather amusing. But I always considered these traits to be assets, rather than defects, in my character.

Just to show you what an easy-going person I am, I'd like to share some of the things I like:

• "Wasn't That a Time!," the movie about the reunion of the Weavers (playing at the Northside).

I am a child of the rock'n'roll generation, and the Weavers had been black-listed by the time I was buying Buddy Holly records. But I knew who they were, and was a devotee of their musical descendants — Peter, Paul and Mary, the Limelites, etc.

This little movie is a joy. My only objection to it is that it is too short; I wanted to hear more music. I wanted to hear Ronnie Gilbert's powerful voice soaring over those of the men; I wanted to listen to Lee Hays' mordant wit — it is clear in the film that he is ill, and his joking acceptance of his condition adds a bittersweet note.

Perhaps the best part of the movie — well, tied with the music — is what it says about the process of getting older. I have no intention of ever becoming a "senior citizen." I loathe the concept, with its images of powerlessness and cuteness. And the Weavers are not senior citizens. They are gray, they are balding, they are aged, but they are alive and vibrant and quirky as they must have been 30 years ago.

• The Long-Life Vegi House (on University Avenue in Berkeley)

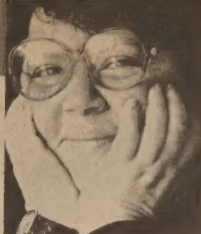
I like this Chinese restaurant enough to forgive its groovy name. Its clientele leans toward the beards-and-Birkenstocks crowd, but I've never seen them turn away anyone in polyester.

The joy of vegetables was a discovery of my adult life. As a child, I remember only meat, potatoes and gray mush. I understand that the mush started life as spinach or peas or carrots, and then was cooked until it was dead.

Now that I can tell what they taste like, I love vegetables, and LLVH (okay, I'm embarrassed to repeat that dumb name) does them really well. Recently they've added a number of seafood dishes, but if you don't order them, you can get a wonderful and filling dinner for \$5.

While I'm on the subject of food, I'll add a couple of other goodies: the potstickers at Tsing Tao on Solano Avenue, the Szechuan chicken wings at Gou Bou Li in El Cerrito, and the calesari cocktail at Pacific Fresh in Alameda. And, of course, Botts ice cream.

• Libraries



Some of the best Sunday afternoons of an otherwise misspent youth were spent at the library. Although there was a small branch library near my house, my affection was reserved for what I called the "big library," the Brooklyn Main Library at Grand Army Plaza.

It was a mile and a half walk, crunching leaves underfoot, to the library. Set atop a flight of shallow stairs, Corinthian columns warmed by the autumn sun, it was a welcoming place. That's where I researched my term papers, read magazines and looked up esoteric sexual items. The library closed at 6; eager for supper, I hopped a bus home.

Now I hold library cards for four cities. My favorite one is the West Berkeley branch on University Avenue. The neighborhood is dismal, but the people are very nice. I never feel that my presence there is an intrusion; the building serves the people, rather than the other way around.

• Tricks for living

As a child I believed in magic, and remnants of that belief stuck long after they should have been beaten out of me. Mostly, I understand that it takes hard work — and luck — to get what one wants.

But I am enchanted to discover that there are a couple of tricks that really do work — short cuts, in effect.

One: it is impossible to yell at a child when you squat down to a face-to-face level. When "willpower" has failed to curb the irritated response to a demanding smaller, bending down will do the trick.

Two: it is impossible to be anxious and do deep breathing at the same time. By definition, deep breathing requires a state of relaxation, and you cannot be relaxed and tense simultaneously. Telling myself to relax while I am anxious is worse than no good; I simply get tenser from the effort, and if I have any energy left over, I use it to feel bad because I can't make myself feel better. What short-circuits the whole mess is to slow down my breathing, and — like magic! — my anxiety diminishes.

Along the same lines, I have discovered that it is impossible to worry and swim at the same time. In part I know that this is due to the need for slow, even breathing, but also important is the sense of movement.

When I am worried, I usually feel somehow stuck; I don't know what to do or where to go. Swimming means movement. I move, in fact I glide, from here to there. Instead of feeling torn apart, I feel coordinated and in harmony, all parts working together. It makes absolutely no difference that I may not look all that coordinated from the spectators' gallery; I am not swimming for the benefit of the spectators.

• Life may be a black comedy, but it is still a comedy. Human beings are ridiculous creatures, and it is always possible to get a laugh — particularly at myself.

Briefs

Schools day keep guards

ALBANY — The Albany Unified School District has agreed to send a letter to the City Council objecting to any cuts in the budget for school crossing guards.

Several weeks ago, Albany's administrative officer, William Haden, sent a letter to the school district on behalf of the City Council informing the School Board that the council was considering a reduction of up to 40 percent.

The recently approved city budget contained full funding for the eight positions, but the council is in agreement that the crossing guard program is one of the areas it is going to reconsider at the end of the month.

Free class set on health

ALBANY — On Sunday, July 11, from 7-8 p.m., the Albany Park and Recreation Dept. will be offering a special free introductory class in mind and body development as taught by the Sennin Organization.

The class will be held at the Sennin Organization Studio, 1309 Solano Ave. Instruction will include methods to develop the health of mind and body, promote relaxation, improve concentration, as well as develop will power through mind and body unification.

Students should arrive slightly before 7 p.m. to register. For more information call 236-4340 or 526-7518.

Escher's art to be shown

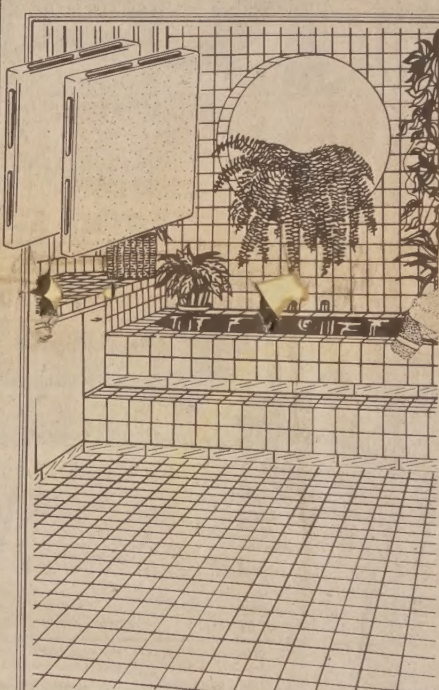
Six original lithographs by M.C. Escher are being shown in an exhibit on illusion in art at U.C. Lawrence Hall of Science. The Escher prints illustrate a variety of themes and styles developed between 1928 and 1936, are on temporary loan.

The Lawrence Hall of Science is open from 10 a.m. to 4:30 p.m., and Thursday evenings from 6-9 p.m. Admission to the Hall is \$2.50 for adults, \$1.00 for students and senior citizens, \$1 for young people free to children 6 and under and LHS members. Information call 642-5132.

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Mail bag

Council 'report card'

The month of June is known for report card time, the time of year when you are judged for your performance. I feel this is true in city government as well. After reading the front page of your paper dated June 23, it appears to me that a number of the members of our city government are failing badly. The headline article tells of our city attorney, Mr. Robert Zweben, losing two court cases in one week, at least he is consistent.

One of the cases was due to "costly" mismanagement by the fire chief, Mike Koepke and the city administrator, William Haden, both in their jobs by the pleasure of the Albany City Council, in other words a performance that our City Council supports.

Our city attorney, Mr. Robert Zweben, who to quote an article in your paper on June 23 said the decision would "not have a great deal of impact." Does he feel that a \$4,000 salary difference, plus one year's salary of \$35,000 for no services received, plus attorney fees of \$1,661.50, arbitration fees of \$3,000 plus fees still to be billed by the attorney our city attorney had to hire (because, to quote Mr. Zweben, "The city deserves to have the best legal representation possible") is no impact? It is unfortunate Mr. Zweben didn't admit his inadequacies when running for city attorney only three months ago. I don't know about Mr. Zweben, but \$43,661.50 plus seems like a great deal of impact to me.

Now we have a City Council that thought all this was fine, three members of which are still on the council, William Johns, Ann Rotramel, a sometimes resident of Albany by her own admission and Ruth Ganong. And we have a city budget that is not fine: They need money, our money, so they propose we cut out clean-up week, cut record maintenance in half by \$7,250, cut lighting on Solano and Buchanan that ought to attract more crime, and then proceed to cut the Police Department's budget by \$21,000. I guess they feel it's a good move to have less protection, gives crime a better chance, of course the Fire Department was only cut \$15,000, but then it would appear they have problems with management since that's what cost us \$43,661.50 so far in a court decision. But please, don't let all this get you down, because they are proposing that you pay \$100 for a ride to the hospital in two ambulances that you have already paid for that are driven by firemen who are already being paid by you, sounds like double payment.

The proving ground for the City Council is budget time, the only time they cannot cover up what they are doing or not doing.

Just think if we had a city attorney that didn't find it necessary to hire another attorney to represent the city, we might not have needed to go to court at all and a City Council that knew something about personnel matters so we wouldn't end up with a fire chief and a city administrator that did not know or were willing to run the Fire Department in a professional manner we would not have had \$43,661.50 plus of our money wasted.

Don't be misled by words.

Concerned,
Marilyn A. Howell
Albany

Preparing to Stroll

(A copy of this letter was sent to the Times Journal for publication.)

As secretary of the Solano Avenue Association, I am submitting this letter to you and the City Council to clarify our understanding regarding the 1982 Solano Stroll.

With the approval of the Council, the Police Department, and the Department of Public Works, we propose to close Solano Avenue to vehicular traffic from 1-5 p.m. during the Stroll on Sept. 19. We believe this is the safest possible course with over 10,000 pedestrians participating in the Stroll.

We have the cooperation of Golden Gate Fields in providing barricades for our street. The track also has offered a parking lot and we are making inquiries for a shuttle bus to operate on Marin Avenue.

We have been tentatively allotted the sum of \$500 for staff overtime in the Albany city budget. We believe that traffic officers at Santa Fe and at San Pablo could effectively police the traffic. We cannot exceed the dollar amount allotted by the city. We may be able to provide volunteer manpower at other locations using local citizens. Perhaps the policemen's or firemen's associations would volunteer assistance.

We request that the City Council and the Police Department formally approve our plan to close Solano Avenue.

We further request a meeting with the chief of police, the city manager, and the Department of Public Works to discuss implementation of this plan.

Thank you.

Carol Walker, secretary
Solano Avenue Association

She wants the paper

If the residents of Albany are entitled to have the Times Journal delivered to their home each Wednesday, I would like to have one if you please. I have read it for years — and enjoyed it. It's the only newspaper I have. I am 90, handicapped and housebound except when someone takes me somewhere.

I have lived at the above address for 49 years and been a homeowner and a taxpayer in Albany since 1921 — and that is 61 years. My shopping is done in Albany, all of which it seems to me entitles me to the Times Journal. I get the world news on radio but no Albany news and I am interested in Albany and the ads enclosed, for it is the only way I have of knowing what's in style — and "skyrocketing prices" plus the progresses and "doings" in, and for, Albany.

Up to recently, the paper was delivered for years quite faithfully but ever since the new management that is not true. I have phone repeatedly week after week to no avail. The lady is always so kind and gracious; assured me I should have the paper and they (whoever they are) want me to have it. I would like that proved to be a fact.

In all fairness, I will say my guess is that the reason you do not deliver on Posen Avenue between Ordway and Peralta is that there are few houses and at the end of Posen there is a street island and whether you drive down Posen or Peralta, you would have to go around it. Even so, if that is part of the job why shouldn't it be done? Perhaps if you

(Continued on Page 12)

TIMES JOURNAL
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Bowling

Golden Gate Lanes
Ken Ueberger, 287-740; Derrell LaFare, 251-656; Ota Black, 222-587; 212-579; Betty Sims, 200-478.
Ken Ueberger, 287-740; Derrell LaFare, 251-656; Ota Black, 222-587; 212-579; Betty Sims, 200-478.
Ken Ueberger, 287-740; Derrell LaFare, 251-656; Ota Black, 222-587; 212-579; Betty Sims, 200-478.

Hie & Hara—Lorenzo Plumer, 269-582; Nate Brewer, 214-581; Sharon Haynes, 190-538; Marilyn Sloan, 235-580; Myrna Sloan, 231-610.
Rolling Fours—Mike Crawford, 258-762; Lonnie Bynum, 235-877; Fred Allume, 257-683; Wendell Jones, 223-945; Maurice Mims, 258-697; Ray Lopez, 258-656; Myrna Sloan, 214-580; Owen Jones, 198-637; Pat Evans, 186-558.
Thursday Jubilee—Eddie McDaniel, 259-527; Cal Mayo, 229-587; Lindsey Robertson, 235-591; Lorraine Parker, 201-536; DeAnna Kiel, 201-520.
McQuesten 545—Willie Hardaway, 256-902; Ray Stewart, 239-696; Phil Young, 265-858; Jack Redwood, 225-938; Maurice Mims, 258-629; Gary Thorne, 225-816; Ray Hall, 253-808; George DeCesars, 221-603.
After 5 Fours—Darrell Moore, 278-687; Donnie Stuart, 222-580; Estrella Fuentes, 194-544; Peaches Stuart, 198-542; Nan Kavanagh, 189-557.
Seniors—John Piper, 225-542; Dave Bradshaw, 177-519; Joe Fueger, 222-566; Joe Marheka, 202-535; Chuck Van Pelt, 198-510; Harriet Haynes, 171-475; Helen Nelson, 167-445.

517; Kenny Herrera, 192-517; Charles Morgan, 199-508.
Summer Sleepers—Tom Boutte, 215-582; Terry Farr, 192-542.
Tuesday Mixed Fives—James Sixtos, 191-563; Mike McKendry, 219-551; Tom Townsend, 231-513; Leo Erving, 222-509.
Bonanza Gold—Diana Oros, 173-498; Mary Montano, 154-471.
Post Office—Mac Neely, 185-541; Kevin Rose, 189-526; Ron Keys, 194-552; Stan Daglow, 215-519; Willie Lyles, 186-515; Susan Smith, 191-508.
Gin Mit Fives—Tom Nomparsaur, 215-555; Jimmy Yashars, 194-539; Bob Healey, 191-534; Jaime Sixtos, 192-514; Beverly Kopp, 193-502.
Nevada Tahoe Tours—Clarence McGhee, 202-520; Jim Waller, 180-482.
850 Match Point—Doug Espino, 222-605; Felix Farnish, 213-594; George Schuler, 233-572; Herb Fradette, 198-558; Bill Frye, 208-533; Mark Valente, 203-547; Al Hiezo, 190-538; Karen Jordan, 200-534.
Summer Invitational—Linda Danzy, 188-548; Ventura Villareal, 210-535.
Men's Jubilee—Todd Kawamura, 208-591; Willie Lyles, 216-571; Dave Ojeda, 204-533; Ed Ojeda, 188-506; Jack Birrell, 178-600.
Pope Cola—Gil Soles, 253-574; Chet Gryczynski, 199-553; John Vargas, 203-529; Pete Guarello, 198-528; Larry Marino, 197-513; Pam Bruckert, 180-610.

Deen Sheppard, 208-727; Debbie Abella, 203-787; Ric Hamlin, 205-704; Alan Land, 224-751; Gary Missap, 199-653; Chris Rampold, 193-705; Scott Grainer, 224-795; Troy Germann, 289-813; Chester Henderson, 199-692; J.W. Owens, 185-721; Larry Wheeler, 198-581; Tim Clark, 191-730; Lenora Finer, 203-708; Dana McFarland, 242-741; Jackie Hudson, 190-733; John Weston, 194-788; Wade Cypis, 260-890; Tina Kramlich, 182-592; Bob Crumpton, 196-727; Larry Feiner, 237-761; Jerry Kramlich, 213-808; Ed Marlewski, 233-960; Chuck Elder, 217-788; Denny Penhio, 202-895; Mike August, 193-687; Al Ruiz, 205-850; Rhonda Williamson, 244-541; Karen Talley, 199-732; Ulysses Moussas, 254-953; Joe Stans, 189-533; Devere Dunham, 245-791; Ed Bousa, 195-715; Tim Lawrence, 185-708; Doris Lawrence, 179-626; Lloyd Dawson, 183-885; Basil Parker, 208-739; CoCo Mann, 216-784; Bill Mann, 202-724; Gary Agostini, 200-718; Vince Newman, 191-509; Rusty Grainer, 224-785; Tony Paschall, 215-727; Ray Joy, 207-746; Vince Paschall, 205-785; Linda Nigma, 205-784; Jim Allen Jr., 256-829; Tim Nigma, 175-636; Joe Amritz, 188-587; Sid Carter, 207-475.
Men's Handicap Trio—Al Rios, 194-490; Tax Freeman, 185-503; Jeff Bayre, 187-501; Ralph Patterson, 174-442; Larry Evans, 202-541; Lee Jennings, 182-531; Jack Davis, 195-495; Ron Kingston, 198-554; Rex Wyatt, 183-485; Mel Miller, 134-354; Ray Tanaka, 222-507; Ray Farwell, 155-378; Bruce Fox, 186-489; Ernie Schwarz, 179-448; Rod Sparks, 240-861; Ken Brookslatt, 211-489; Chris Navarro, 215-587; George Oliver, 188-464; Jerry Bernowski, 182-527; Vince Newman, 201-560.

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RC COLA
DIET-RITE, DECAFFINATED, RC-100

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2-LITER BTL.

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GERBER'S STRAINED, VEGETABLE-FRUIT JUICES

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CALIFORNIA, FIRM, RIPE, LARGE SIZE

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CANTALOUPE
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FLOUR
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99¢

5-LB. SACK

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4.29

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ORANGES
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LB.

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39¢

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JUICE
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FABERGE SHAMPOO
\$1.99 VALUE 15-OZ. **\$1.29**

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APPLE JUICE
KNUDSEN \$1.69 VALUE 48-OZ. PLASTIC BTL. **\$1.49**

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\$2.49 VALUE 12-OZ. TIN **\$1.79**

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CALIF. GROWN

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FROM PETALUMA POULTRY

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LIQUID DETERGENT
CRYSTAL WHITE \$1.69 VALUE 48-OZ. **\$1.19**

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LOW, LOW LIQUOR
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FRESH FRYERS
FROM PETALUMA POULTRY

79¢

LB.

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\$3.59 VALUE 84-OZ. KING SIZE 40¢ OFF DEAL YOU PAY **\$2.99**

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ANY SIZE PKG. NOT OVER 30% FAT LB. **\$1.19**

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TIO SANCHO MAKES IT EASY! YOU MAKE IT DELICIOUS!
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FANCY SLICED BACON
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HILLS BROS. \$3.39 VALUE 8-OZ. **\$3.19**

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PEANUT SNACK COOKIES 11-OZ. \$1.69 VALUE **\$1.49**
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FRESH FRYERS
FROM PETALUMA POULTRY

79¢

LB.

OSCAR MAYER SLICED BACON
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FREE EASY PARKING

LOW, LOW LIQUOR
OLYMPIA BEER 8-PAK 12-OZ. CANS **\$2.19**

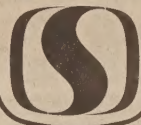
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60 good years

The Okanos of El Cerrito recently celebrated their 60th wedding anniversary, his 80th birthday, and her 78th birthday. Hosting a dinner in their parents' honor were George and Kate Okano and William and Kim Okano. Okano, a grocer for many years in Berkeley, and his wife have six grandchildren and two great-grandchildren.



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d-Con Four/Gone Twin	7.5 oz.	\$4.99
Kleenex Facial Tissue	280 ct.	99¢
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Hamburger Helper	or Tuna Helper, 6.25 oz. to 8.75 oz.	99¢
Minute Maid Orange Juice	Chilled, 64 oz.	\$1.69
Ry-Krisp Snack Crackers	8 oz. to 8.5 oz.	99¢
Ry-Krisp Snack Crackers	12 oz.	\$1.39
Minute Maid Orange Juice	Frozen, 12 oz.	\$1.29

Airwick
Carpet Fresh
14 oz.
(22 oz., \$2.69)
\$1.99

50¢ OFF D.C.
With This Coupon
Duracell Battery
1300 B-2 "D" Alkaline, 2 Pk
Limit 1 per coupon. One coupon per family please. Good only July 14, 1982 thru July 20, 1982, at your Safeway Stores listed below.

Jimmy Dean Pork Sausage	Regular or Hot	12 oz.	\$1.79
Ball Park Beef Franks	Hygrade	1 lb.	\$1.79
Ball Park Meat Franks	Hygrade	1 lb.	\$1.79
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Gallo Salami Chub	Italian Dry	18½ oz.	\$4.99
Armour Star Hot Dogs	Meat or Beef	1 lb.	\$1.79
Armour Star Bacon	Mild Cure, Sliced, (2 lbs., \$4.37)	1 lb.	\$2.19
Armour Star Polish Sausage		1 lb.	\$2.79
Armour Golden Star Boneless Ham		1 lb.	\$3.19
Baron Beef Bun Burgers	Frozen	3 lb.	\$5.99

50¢ OFF D.C.
With This Coupon
Duracell Battery
1400 B-2 "C" Alkaline, 2 Pk
Limit 1 per coupon. One coupon per family please. Good only July 14, 1982 thru July 20, 1982, at your Safeway Stores listed below.

50¢ OFF D.C.
With This Coupon
Duracell Battery
1500 B-4, AA Alkaline, 4 Pk
Limit 1 per coupon. One coupon per family please. Good only July 14, 1982 thru July 20, 1982, at your Safeway Stores listed below.

Items and prices in this ad are available July 14, 1982 thru July 20, 1982, at your Safeway Stores in the following counties: Solano, Napa, Sonoma, Marin, Contra Costa, Alameda, San Francisco, San Mateo, Santa Clara, Santa Cruz and Monterey. *Prices not effective in Vacaville or Fairfield. Sales in retail quantities only.



Pot luck with Olga Bier

In search of recipes

One of the things I like best about getting mail is that often I get questions that send me researching unfamiliar dishes. Then, when I find the information, it's fun to see how often such a dish is an old standby or variation of a dish called by a different name or from a different country.

Such was the case as I researched an answer to a letter from Mrs. D.C. asking for "an authentic recipe for Scrapple." She said she and her room mates fixed it often and loved it.

An economical dish

Scrapple was a thrifty way to use small pieces of pork at butchering time. Originally known as Philadelphia Scrapple, it is a mixture of ground or shredded pork with cornmeal and various condiments and herbs which is boiled, chilled until firm, and then sliced and fried. Doesn't that sound like a variation on Italian polenta? Sure does to me. Difference is, Mama fixed the cornmeal plain, fried it, and then put a pork-rich sauce over it. Philadelphians (possibly German farmers) mixed it all up together first.

The more meat, the better the scrapple. When the pork had to be stretched, the amount of meal was increased which no doubt explains another name often used: poor-do. Another name for it was ponhaws. Couldn't determine from what that name came, however. Anybody know?

When Pennsylvanians came west, they substituted buffalo in lieu of pork. Some used liver, too, and the vegetarians make it with peanuts and cheese!

Here's the recipe from "Better Homes and Gardens Heritage Cookbook."

Philadelphia Scrapple

1 1/2 lbs. boneless pork shoulder, cubed
1 1/2 c. cornmeal
1/2 t. salt
1/2 t. dried sage
Flour
Fat for frying
Simmer pork in salted water to cover until tender, about 1 hour. Drain and reserve broth. (I'd like to refrigerate it and remove the congealed fat!) Measure broth and add water to make 4 cups.

Return liquid to saucepan. Shred meat and stir it into broth with cornmeal, salt, sage, and a good shake of pepper. Bring to boil, stirring constantly. Cook about 5 minutes or until thick enough to make a cross with a spoon.

Pour into greased 9 x 5 x 3 inch loaf pan. Cover and chill until firm. Unmold and cut into 1/2 inch slices. Dust with flour and brown on both sides in a small amount of fat, about 10 minutes. Sometimes served with warm maple syrup (Sorry, gang, you lost me there. The syrup sounds a bit too overpowering.)

From another part of the world

A request from the same reader for "Pirogi" was easy because I love 'em too. These are Russian in origin. And when it comes to tasty snacks, nobody can top the Russian appetizer table.

Pirogi, also known as Piroshki, are small thin pastry turnovers filled with meat, fish, mushrooms, cheese, or vegetables. How's that for a variation on ton ton, ravioli, or empanadas? Such a small, small world. Try these as an accompaniment to your soup sometime, or serve them as appetizers.

Piroshki (Makes about 12)

Make sour cream pastry:
Mix 3 1/2 c. flour
1/2 t. salt
Rub in until the mixture resembles fine crumbs
3/4 c. butter
Add 2 eggs, beaten
3 T. sour cream
Stir and knead lightly. Chill (30 minutes)
then roll out on a floured board 1/8 inch thick. Cut into 1 1/2 inch rounds with a cookie cutter.

Place a dab of filling in the center of each round. Fold the dough over and pinch together along the top edge. Transfer to a baking sheet, brush with egg. This makes them bake up smooth and shiny. Bake in hot oven 15-18 minutes in hot 400 degree oven until golden.

Possible fillings

Beef:
1 1/2 lbs. ground beef
1 onion, minced
2 T. butter
Salt and pepper
Fry onion in butter until soft. Add beef and cooking. Season well.

Fish:
2 c. cooked fish, flaked
1 onion chopped
3 T. butter
3 hard-cooked eggs
1 T. chopped parsley
1/4 t. mace
Salt and pepper
Cook onion in butter. Add remaining ingredients. Season to taste.

Cabbage:
1 small cabbage, shredded
1 med. onion, minced
2 T. butter
3 hard-cooked eggs
Salt and pepper
Immerse cabbage in boiling water, drain and cool. Fry onion in butter and mix in with remaining ingredients. Season to taste.

Help! Help!

Here's one I can't find. Is there any out there? Norma D. wants the recipe for a cake she loved at the old "Brown Cow Restaurant." It was a sponge-type cake with "out of this world frosting" chunks of foam in the whipped cream. (Meringue?)

An interesting idea

Also in the mail are all kinds of new ideas. quickie-came in the Sweet Potato News and was a good idea. It was in the Sweet Potato News Contest and such a simple idea it was.

Winner Alice Samardzech peels and cooks sweet potato and then cooks it like hash brown amount of shortening and butter. Try that with eggs as a simple new taste treat.

Olga Bier is a teacher, author and homemaker who teaches at Contra Costa College. Any questions or suggestions for this column may be written to the Times Journal, 1247 Solano Ave., 94706. Please enclose a self-addressed, stamped envelope for reply.

Grand Jury raps toxics says convert jail to prison

By DON McCORMACK

In a wide-ranging final report, the outgoing Contra Costa Grand Jury questions the adequacy of the West Contra Costa Sanitary Land Fill and recommends converting the Richmond jail to a county jail.

The report, released Thursday, also recommends the improvement of surveillance at toxic waste sites in Martinez and Richmond and higher fines for violations of toxic disposal laws.

Appointed by Superior Court judges, the Grand Jury investigates county operations and recommends changes and occasionally is used to decide whether criminal indictments are justified. The county is under no obligation to follow the advice but in the past jury recommendations have initiated reforms.

In its section on toxic wastes, the Grand Jury report notes that Contra Costa, which has many refineries and chemical industries, annually generates 1.2 million tons of toxic wastes, the second highest amount in the state. Of California's seven Class I sites for toxic wastes, two are in Contra Costa: IT Corporation in Martinez and West Contra Costa Sanitary Landfill, on the bay near San Pablo.

The grand jury has definite reservations concerning the operation of the

Class I site (at San Pablo) "the report says."

"The lack of treatment (refining, incineration etc.) means that more toxic material is buried than necessary," the report states.

"The site accepts pesticides, some of which may have a long life in the soil."

It sends pesticides to the Kettlemen Hills in King County, the report notes, a practice it calls "more desirable."

Jurors also say they are concerned about the lack of safety equipment at the San Pablo site.

Contra Costa and state officials are studying toxic waste disposal methods and recommending changes.

The Grand Jury complained that the state Department of Health Services, which regulates the dumps, was short of staff and funds.

Echoing a suggestion made by a previous grand jury, the outgoing jury rec-

ommends that the government, "the main jail take over municipal Richmond and jail."

"We believe it would result in able savings to and might help overcrowding in the county jail," the report says.

On other topics, the report suggests that inmates at the Work Farming have drinking details be assigned outside the county jail, spending all their time there.

Working more than 100 days a year should be pay \$15 a day. Instead of the present \$5 a day.

The jury report also recommends that the Election Department should do a better job of its ineligible voters' card registration and costly and error-prone jury selection.

Although a Grand Jury committee study of county Superior Court, the jury declines to make recommendations, but continues studying the perintendent's report.

"We felt that the jury was influenced by the election of a county perintendent of the report commission."

Briefs

Read this very fast

ALBANY — Two speed reading and comprehension training programs are being offered by the Albany Recreation Department.

The first program, for youngsters 11 to 15 years old, teaches reading process and comprehension skills.

The average student increases reading comprehension from one to three grade levels, while more than doubling reading speed.

The second program, for students 15 and older and adults, will teach you to read two to four times faster in academic and professional reading material, while significantly improving comprehension, concentration, and recall.

For information call 644-8514.

Library sets 'bookball'

EL CERRITO — "Play Bookball" is the theme of the Contra Costa County Library System's summer reading program which runs from now through Aug. 7.

By reading 10 books and rating them on the official scorecard, children of all ages will earn a ticket to an Oakland A's game. In addition, a representative from the Oakland A's Youth program will help celebrate the end of the program by showing a film highlighting the A's baseball season.

For further details, contact the El Cerrito Public Library at 526-7512.

How the body really works

Dr. Ralph Gancher will lead a series of five discussions on "The Way Our Bodies Work."

This free series, held at North Berkeley Senior Center, will begin Wednesday, July 21 at 1 p.m. and continue each Wednesday through August 18.

Topics under discussion will be lungs, the heart, intestinal tract and stomach, urinary system and the brain.

For further information on this or other summer special series sponsored by City of Berkeley, please call 644-6107 or drop by the center at the corner of Hearst and Grove Streets.

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SUMMER SESSION:

- B. July 19-August 12 (4 sessions per week)
- C. August 16-Sept. 3 (5 sessions per week)
- D. Any combination of the above

Registration now in progress

Gerald Block, Ph.D. and Eva Newbroom M.S. co-directors
Susan Hagar, M.A., Associate Director, Berkeley

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TIMES JOURNAL
525-28

Twenty local musicians head for Japan on concert tour

Twenty local musicians among the 92 members of the teenage Bay Area Wind Symphony who will perform at the International Airport Tuesday for the group's three-day concert tour of Japan.

Learning to manage your own arthritis

Arthritis self-management courses sponsored by the Arthritis Foundation will begin in July. The first class will be held at Albany Senior Center, 846 Pine Ave., Albany (644-8500), on Wednesday morning, July 14 to Aug. 25 from 10 to 12 noon. Topics to be covered include exercise, nutrition, medical resources, joint protection, doctor-patient relations and relaxation.

Reception to benefit local ballet

An afternoon of classical music and a champagne reception will be presented by Susan Witt, soprano; Susan Voittoff, mezzo-soprano; Edwin Barlow, tenor; and Ernest Knell, pianist, on Sunday, July 18 from 3 to 6 p.m. at the El Cerrito Club, 2286 Cedar Ave., Berkeley. Proceeds will benefit the El Cerrito Conservatory of Music. Tickets are \$10 for adults, \$5 for seniors and children, available at the club, 1800 Dwight Ave., Berkeley; or at the club, 1800 Dwight Ave., Berkeley.

Girl Scouts to camp

Local girls between the ages of 6 and 12 may enjoy an out-of-doors day camp on Monday, July 19, from 9 a.m. to noon at Ohlone Park, Berkeley. The girls will learn how to make ice cream, and of course, taste it," says Jamie, a field staff member. There is also a good way to earn a scout badge, she says.

Registration fee is \$10, which covers membership, insurance and other expenses. Openings are limited. For registration and information on other Girl Scout camps, call Davis or Schneider at 562-1111.

Invention fair set

Homemade inventions, wind generators to futuristic electronic keychains will be featured in the UC-Berkeley's "Invention Fair" on Sunday, July 18, from 1 to 5 p.m. The fair will be held at the Hall's plaza and is free.

The theme is "Inventing the Future." There will also be a panel discussion on inventing, patenting and marketing.

Have time to aid elders?

ALBANY — Persons who can spare one to four hours per week are needed for the Albany Senior Center.

Director Marguerite Brown says the center needs telephone answering, simple clerical work, designing simple cards and assisting with mail assignments. The center is located at 644 Masonic Ave., Albany.

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MEGAFORCE

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Under founder-director Karen Michalka, the band will participate in the Second International Musicale at Shizuoka and will serve as clinic band-in-residence at the Yamaha Music Camp.

Concerts in several cities

have been arranged for the tour.

Eleven El Cerritos are in the band, including flutists Angela Zoldos and Jessica Ham, clarinetists Judy Chin, Theo Tanabe and Lisa Hill, tenor saxophonist Jennifer Steneberg, trumpet Darren Miner, French hornists Doug Wing and Chris Baker, baritone hornist Steve Ulrich and percussionist-bassoonist Tom Wing.

Five Kensington musicians are in the band, including oboist Jordy Roberts, tenor saxophonist Kenny Brooks, trumpeter Clement Ulrichs, trombonist Mara Fox and percussionist Steve Rosenthal.

Albany will be represented by Nurit Ritte, Cassis Henry, Mike Reed and Lawrence You.

Formed five years ago by Michalka, the wind symphony is unique in the western United States. It is an independent organization that relies solely on contributions and minimal tuition (\$100 a year) for financial support.

Band members have raised \$155,000 of the necessary \$160,000 for the Japan trip. Donations to help offset the \$5,000 deficit will be greatly appreciated. They may be sent to Bay Area Wind Symphony/P.O. Box 9449/Berkeley, CA 94709.



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GOOD YEAR

Senior centers

Special Events

New taxi van scrip available for 1982-83. The price varies from \$4-10, depending on personal total annual income. Albany residents over age 60 are eligible to apply Tuesday, Thursday and Saturday, 10-2.

Arthritis self-management: how to prevent injury to joints, information on exercise, nutrition, relaxation. Instructor: Hilari Hauptman. Sponsored by Arthritis Foundation. Wednesdays, July 14-Aug. 25, 10 a.m.

Would you like to walk, but don't want to walk alone? Join the group on Monday and/or Thursday at 10 a.m.

Dramatic reading by Carol Feinstein from her book "California: A Woman's Place." Selections from journals, diaries and letters of women in the 1800s. Thursday, July 15, 1 p.m.

Senior benefit sale, "A Little Bit of Everything," sponsored by Friends of Albany Seniors, Inc., will be held at the center Saturday, July 17, from 10 a.m. to 4 p.m. Donated items may be brought to the center the day before.

Acupressure massage available by appointment Monday and Tuesday mornings at special senior rates: \$10 for one hour, \$6 for one-half hour.

Renter/homeowner assistance in completing forms every Monday and Thursday, 1 p.m.

Legal assistance for Alameda County residents by appointment, Wednesday, July 21, 10 a.m.

Potluck supper Sunday, July 25, 4:30 p.m. Bring dish for 6 and 50 cents.

Two health clinics on Monday, July 26: breast self-exam instruction given by American Cancer Society at 12:30 to 1:30 p.m. Blood pressure, 1 to 3:30 p.m.

Podiatry screening, foot exams and consultation (no treatment) Wednesday, July 28, at 8:45 a.m. Free.

Transportation

Call at least one day in advance for reservations for senior van shopping trips. Wednesday mornings: El Cerrito Plaza. Friday mornings: Solano Avenue. Requested donation, 50 cents per round trip. Albany residents only.

New taxi scrip available to Albany residents. Persons in wheelchairs may purchase special transportation vouchers.

Classes/Groups

Monday: group walking, 10 to 11 a.m. Tuesday: folk & square dancing basics, all levels 1 p.m.

Wednesday: Arthritis self-management starts July 14 for 7 weeks. 10 a.m.

Thursday: group walking, 10-11 a.m.

Friday: chess group, 10 a.m.; community service, 10 a.m.

Social Security

Field representative at the center the first and third Friday of the month at 3 p.m. to answer questions about Social Security, SSI and Medicare.

Continuing Events

Barber service, Thursday, 9 a.m. to noon. Donation requested.

Bingo, Thursday and Saturday, 10:30 a.m.; Singalong, Thursday, 11:30 a.m.; Bridge, Friday, 12:15 p.m.

Cards and conversation, Thursday, noon-5 p.m.; Saturday, noon-4 p.m.; Sunday, noon-4 p.m.

Chess group, Friday at 10 a.m. Senior prom ballroom dance, Saturdays from 7:30 to 11 p.m. Donation, \$1.50 (includes refreshments).

Meals on Wheels

Home delivered meals are available for Albany residents. The food is prepared at Alta Bates Albany Hospital and is delivered at midday by a volunteer driver. Regular, low-salt and diabetic meals are available.

To order, please call the center at 644-8500 one week in advance. Coordinator Velma Grasso will make all arrangements.

Bus Tours

Trips are sponsored by Albany Park and Recreation Dept. Make reservations with Myriam Heath, Tuesday at 1 p.m. and Thursday at 10 a.m. at center. July 21 and 22, Reno overnighter, \$35.50 per person, double occupancy, or \$47.50 single. July 28, train ride, Santa Cruz to Roaring Camp, \$26 per person. Aug. 11, South Bay tour, Sunset Magazine and NASA, \$10.50. Aug. 23, Lake Tahoe cruise, \$26.50. All trips depart Memorial Park.

Menus

The nutrition site meal is served at 4 p.m. Advance reservations are required. The suggested minimum donation is \$1 plus 50 cents for seniors, \$3.50 for persons under age 60. Monthly menus are available.

EL CERRITO

Open House

Located at 6500 Stockton Ave., behind the library; 526-0124. Drop in lounge open weekdays from 9 a.m.-2 p.m. Lunch daily at noon.

Classes

Monday: Exercise, 9 a.m.; our changing earth, California earthquake country, 9:30 a.m.; Tai Chi, 10 a.m.; bridge, 1 p.m.; basic painting and drawing, 1 p.m.; fun night (second Monday of every month), 6-9 p.m.

Tuesday: fitness, 9:30 and 10:15 a.m.; creative dance, 1 p.m.

Wednesday: piano musicianship, 9 a.m.; mild exercise, 9:30 a.m.; our changing earth, 9:30 a.m.; needlework, 10:30 a.m.; knitting, 12:30 p.m.; whist, 1 p.m.

Thursday: fitness, 9:30 and 10:15 a.m.; information & referral, 10 a.m. (first and third Thursdays)

Friday: fitness, 9:30 a.m.; barber, 9 to noon; bingo, 1 p.m.; birthday surprise, fourth Friday, 12:30 p.m.

Special Events

Social security, July 16, 12:15-1:15 p.m.

Consultations on veterans benefits, July 20, 9 a.m. to noon.

Public health nurse, July 28, noon.

Christ Lutheran

Mondays, 9 a.m.-2 p.m. at 780 Ashbury Ave. at Stockton.

Craft classes (pressed flower stationery, macrame, jewelry, weaving) are taught in the morning. \$5.50 lunch at noon. Afternoon program of information, speakers, community singing, sit-down exercises and folk dancing.

The program is co-sponsored by the Richmond Unified School Adult Education program.

On July 19, Theo Smid will show show slides on colonial Virginia, after lunch.

St. John's Center

For El Cerrito residents 60 or over. Meets in the Catacombs Building, 6510 Gladys St., Tuesdays from 9 a.m.-2 p.m. Phone Tuesday only, 234-2797 or center director N. Gans at 529-1114.

The Center is part of the Richmond Unified School Adult Education program, and trained volunteers offer morning classes in ceramics, jewelry, tin and glass, macrame, knitting and crocheting, watercolor painting, weaving, cards and table decorations.

On July 20, Opal Hampton of the Internal Revenue Service, will report on current income tax rules.

Community Center

Monday, 6-9 p.m. at El Cerrito Community Center, 7007 Moers Lane. Program: first week, business and bingo; second week, cards and games; third week, potluck; fourth week, cards and games. If there is a fifth week, special programs. For information call 525-6747.

Senior Citizens Club

Meets Thursday, 5-9 p.m. at St. John's Catacombs Hall, Gladys and Lexington Streets.

First Thursday of the month: business and cards; second, bingo; third, birthday observances; fourth, potluck and cards; fifth, special programs. For information: 526-7462.

Sakura-Kai Center

For Japanese-speaking senior citizens, first and third Saturdays, 1-3 p.m. at 6510 Stockton St. Arts, crafts, exercises, ceramics, "Shigin" (poetry singing) and Social Security available. For information: William Waki, 525-7086.

KENSINGTON

Activity center, Thursday, 9 a.m.-2:30 p.m. at 52 Arlington Ave. Morning meditation. Workshops in crafts, table games and bridge. Special programs after lunch: singing, bridge, clothing alteration class.

First Thursday, potluck lunch. Donate a food item or pay \$1.50. For the rest of the month, lunch of sandwich, cake and coffee is \$7.5.

EAST BAY

North Berkeley Center

1901 Hearst St., Berkeley, 644-6107. Open weekdays, 8 a.m. to 4:30 p.m., gift shop opens at 10.

Classes in sewing, arthritis exercise, walking, singing, foreign languages, math, chess, senior theater, dancing and current events.

Hilly films seen at LHS

Lawrence Hall of Science films for July 26 - Aug. 1 will be shown at 11 a.m., 1 and 3 p.m.

"Solo" follows a lone mountain climber along narrow ledges, up sheer rock walls, and across glaciers. "Annapurna, a Woman's Place" chronicles the historic all-woman expedition that placed the first Americans on the world's tenth highest peak.

Young children's films, shown at 10:30 a.m. and 2 p.m., will be "Attic of the Wind," "Cockaboo," and "Petronella."

For information call 642-5132. Admission: adults, \$2.50; students and senior citizens, \$1.50; young people 7-18 years \$1; children under 7 and LHS members, free.

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San Jose, 1010 C Blossom Hill Rd. 95123, 269-7190.
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Briefs

Summer registration planned for schools

ALBANY — Parents new to Albany whose children are entering grades kindergarten through fifth may register their children during the summer.

Registration will be held weekdays at the office of the Albany Children's Center in University Village from 7:30 a.m. to 5:30 p.m. Summer registration is recommended for students who have moved to Albany recently and have not previously attended Albany schools. Children must be five years of age by Dec. 2 to enroll in kindergarten and six years of age by Dec. 2 to register in first grade. Parents should bring proof of birthdate (certificate, passport, etc.) for kindergarteners.

California law requires all students to meet immunization regulations, and the district requires students new to the district to show proof of immunization. These regulations apply to all grade levels, kindergarten through high school.

Parents should be prepared to fill out health forms and require a record of vaccinations, immunizations and blood diseases. Polio, measles (rubella), rubella (German measles), D.P.T., and mumps immunizations of children are required by California law, and verification of the dates must be presented.

A physical examination is recommended for all kindergarten pupils and required of first graders.

YMCA sets summer computer classes

ALBANY — There are a few spaces left in the Albany YMCA's Summer Computer School second session, Aug. 5, from 10 a.m. to noon.

This class is open to beginning and intermediate computer programming students. Offered in cooperation with the Albany Unified School District, each class of 20 students will receive instruction in BASIC computer language.

Classes will be held at Albany Middle School, and taught by Linda Neilson, middle school librarian and a computer programming instructor. The cost of the week course is \$90.

For more information on the school, and other programs, call 525-1130.



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Saturday 10:00 a.m. - 11:00 a.m.

EL CERRITO Albany
Mon./Wed. 5:30 p.m. - 6:30 p.m.
Armstrong Prep School
1800 Elm (at Hill)

KENSINGTON Thousand Oaks
Tues./Thurs. 7:00 p.m. - 8:00 p.m.
Kingsdon Community Center
Church, 52 Arlington

THOUSAND OAKS Thousand Oaks
Tues./Thurs. 9:30 a.m. - 10:30 a.m.
Thousand Oaks Masonic Temple, Colusa & Catalina

JAZZERISE CREATED BY JUDI SHEPPARD MISSETT

New student \$3 off purchase of 4 or more classes with this ad

FREE Foot Screening & Consultation



—With This Certificate—
NO COST OR OBLIGATION. TREATMENT NOT INCLUDED.

Just to get acquainted at the Opening of Our Neighborhood Podiatric Medical Practice

CALL FOR YOUR SCREENING APPT.
for Help With Any Of The Following:

- 1. BUNIONS
- 2. CORNS/CALLUSES
- 3. NAIL/SKIN PROBS.
- 4. ARCH, HEEL OR TOE PAIN
- 5. SPORTS MEDICINE
- 6. FOOT SURGERY OR
- ANY OTHER FOOT PROBLEMS.

WHY Foot Screening?

- A) To help you understand your foot problems, if any, and what can be done to correct them.
- B) Receiving such knowledge often ends needless suffering.
- C) 'NO OBLIGATION' removes apprehension concerning cost.

We care for feet as a specialty
helping correct problems in infants,
children, adults and seniors.

526-1335

ALBANY-BERKELEY FOOT CLINIC
178 SAN PABLO AVE., SUITE A BERKELEY

Kmart®

The Saving Place®

Open Daily 9:30-9 Sunday 10-6

WED., THURS., FRI., SAT.

\$SALE



\$279



\$238

Take-with Price

\$238

GE® Porta Color® Television
Automatic frequency control

Take-with Price

\$279

GE® Contemporary Color TV
Black matrix picture tube. Save

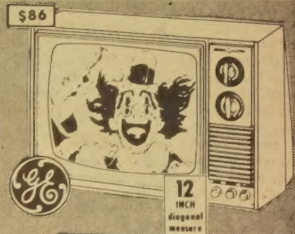


\$378

\$378

GE® Color Monitor Big-screen Portable TV

Automatically adjusts the picture before you see it. Features quartz electronic tuning, black matrix picture tube and solid-state chassis.



\$86



\$339

Take-with Price

\$339

Contemporary Color Portable
Has automatic color control.

Take-with Price

\$86

Black-and-White Portable TV
Solid-state chassis. Antenna



Take-with Price

\$229

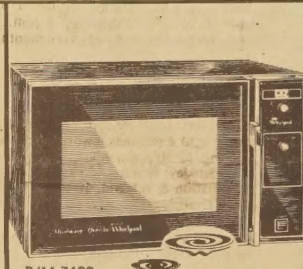
Stereo System with Cassette
AM/FM radio cassette play/
record, turntable.



Take-with Price

\$239

Contemporary Music System
AM/FM/FM-stereo, full-
feature cassette recorder, auto-
matic changer, auto stop.

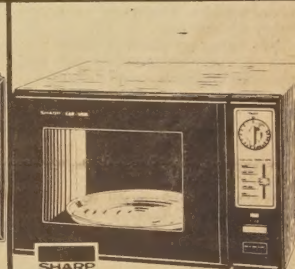


RJM 7100

1.3-cu. Ft.

\$249

Microwave With Mealtimer®
Provides 30-min. cooking time.



R4620

1-cu. Ft.

Take-with Price

\$289

Carousel Microwave Oven
Rotates food for even cooking.



Unassembled
in Carton

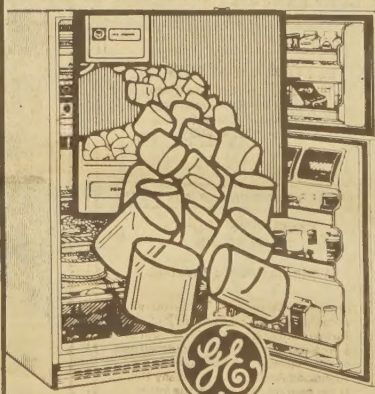
\$-8943

Take-with Price

\$299

Stereo System With Audio Rack
AM/FM, cassette, 8-tr. record, phono.

Automatic Icemaker Kit



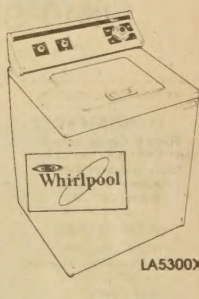
No Additional
Cost With Any
GE® No-frost
Refrigerator*

\$88

Value

- Cubes always available
- No trays to fill or empty
- No mess or spilled water
- Stores up to 7 pounds

*Except Custom Dispenser
Model
Ice-maker installation
not included



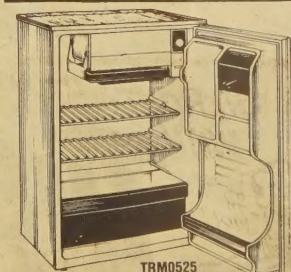
LA5300XK

Sale Price

\$318

Save \$80

Whirlpool® 4-Cycle Washer
Energy-saving water temp. selector.



TRM0525

\$179

Take-with Price

5 Cu. Ft. Refrigerator
Steel cabinet, walnut-tone top
and door, chrome handle. Top
freezer, bottom crisper.

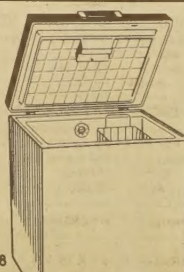


EHT171

\$648

Take-with Price

17.2 Cu. Ft. Refrigerator
Textured steel doors. Front-adjustable
rollers.



LW8

Sale Price

\$239

8.3-cu.-ft. Chest Freezer
Heavy insulation. Handy basket.



LA7680XK

Sale Price

\$378

Limited to Stock on Hand

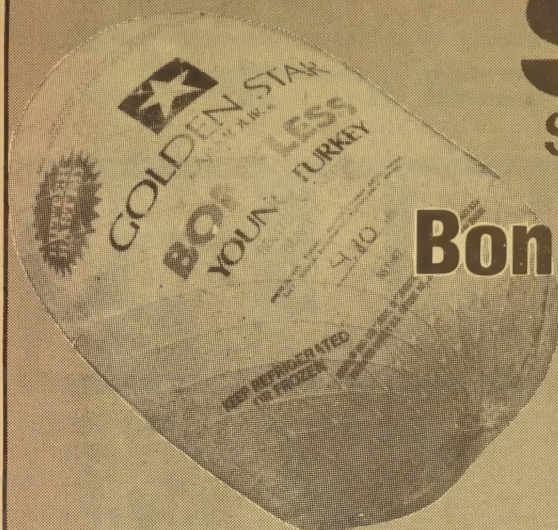
Large Capacity Washer
Automatic cool-down care.

13220 San Pablo Ave.—SAN PABLO

1500 Fitzgerald & Appian Way—PINOLE

SAFEWAY

SAVE EVEN MORE DURING OUR



Boneless Turkey

Armour Golden Star, White and Dark Meat, Butter Basted, Great for the Barbecue Spit, Frozen

\$149
lb.

(All White Meat, lb., \$1.99)

Pork Spareribs



Frozen Fresh Thawed

\$159
lb.

Farmer John or Saway Pork Sausage Links, Frozen, 8 oz., 79c



Boneless Steak
Top Sirloin, Saway Quality Beef

\$299
lb.



Fryer Parts

Drumsticks or Thighs, Manor House (Breasts, lb., \$1.39) (Wings, lb., 69c)

99c
lb.



Ground Chuck

Fresh, Made Exclusively from Beef Chuck, Does Not Exceed 26% Fat

\$188
lb.



Boneless Roast

Cross Rib, Rump or Under Blade Chuck, Saway Quality Beef

\$199
lb.

(Beef Round Tip Roast, lb., \$2.18)

Foster Farms Turkeys Fresh Hen, California Grown lb. **89c**
Swift Sizzlean Breakfast Strips 12-oz. **\$129**
Premium Franks Saway, Meat or Beef 1-lb. **\$156**
Farmer John Extra Long Wieners lb. **\$159**

Boneless Swiss Steak Bottom Round, Saway Quality Beef lb. **\$249**
Boneless Beef Round Tip Steak Saway Quality Beef lb. **\$289**
Turkey Wings Frozen 10 lb. Bag **\$249**
Lamb Round Bone Chops Fresh, USDA Choice lb. **\$258**
Lamb Shoulder Blade Chops Fresh, USDA Choice lb. **\$238**
Sliced Beef Liver Frozen Fresh Thawed lb. **99c**
Raw Squid Frozen 3 lb. Box **\$189**
Chicken Breast Patties Choice Thigh Meat, Frozen Fresh Thawed lb. **\$277**
Land O' Frost Turkey Ham lb. **\$169**



Fresh Lamb Shoulder Roast

Sliced & Tied, USDA Choice

\$199
lb.



Blade Chuck Steak

Saway Quality Beef

\$129
lb.

Beef Back Ribs Great for B-B-Q, Frozen Fresh Thawed **\$109**
lb.

Yuban Coffee
2 lbs., Instant, 8 oz. or Instant Sanka, 8 oz., Your Choice
SAFEWAY SPECIAL
\$399

Jell-O gelatin dessert
SAFEWAY SPECIAL
SAVE 4c
Jell-O Gelatin Desserts, 6 oz., Instant Vanilla, 5.5 oz. or Chocolate Pudding, 6.75 oz. (Jell-Well Gelatin, 6 oz., 59c)
69c

Cycle Dog Food, 14 ounces
SAFEWAY SPECIAL
BUY 2 SAVE 17c
2 for 79c

Cob Corn Birds Eye, Frozen, 4 Ears
SAFEWAY SPECIAL
SAVE 36c
\$129

Cool Whip Birds Eye Topping, 8 ounces
SAFEWAY SPECIAL
SAVE 30c
69c

LIQUOR, WINE & BEER
10% CASE DISCOUNT on Wines & Liquors, selected advertised specials excluded! No sales in excess of 20 gallons. No sales for resale. At licensed Saway Stores only.
Smirnoff Vodka, 80 Proof, 1.75 liter
SAFEWAY SPECIAL
SAVE \$251
\$998

Gravy Train Dog Food, 40 lbs. **\$129**
Good Seasons Italian Dressing, 4 pack **\$109**
Log Cabin Country Kitchen Syrup, 36 oz. **\$109**
Tang Drink Instant Breakfast, Makes 4 Qts., 18 oz. **\$109**
Minute Rice 14 ounces **\$109**
Birds Eye Farm Fresh Mixtures, 16 oz. **\$109**
Hawaiian Chips Granny Goose, 8 oz. **\$109**
Tide Detergent 70c OFF LABEL, 171 oz. **\$69**
Cascade Dishwasher Compound, 65 oz. (White Magic, 65 oz., \$2.39) **\$299**

Raisin Bran Post Cereal, 25 ounces
SAFEWAY SPECIAL
SAVE 46c
\$199

Jack Daniel's Black Label, 90 Proof, 750 ml. **\$799**
Whiskey
Taylor California Cellars Chablis, Rhine or Rose, 1.5 liter **\$379**
Light Wines
Parducci French Colombard or Gamay Beaujolais, .75 liter **2 For \$6**
Soft Drinks Cragmont, 6-12 oz. Cans **\$129**
San Miguel Light Beer, 6-12 oz. Bottles **\$329**

DAIRY SPECIALS
Lucerne Yogurt 8 oz. (32 oz., \$1.29)
SAFEWAY SPECIAL
BUY 3 SAVE 11c
3 for \$1
AA Medium Eggs Lucerne, Dozen (Price Per lb., 53c) **69c**
Orange Juice Minute Maid, Chilled, 64 oz. (Minute Maid Juice Drinks, Lemonade or Punch, 64 oz., 99c) **\$109**
Homogenized Milk Lucerne, Gallon **\$179**

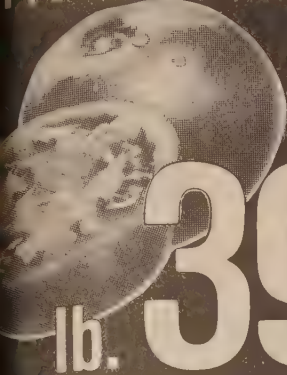
Today's Saway. Where You Get A Little Bit More.

Items and prices in this ad are available July 14, 1982, thru July 20, 1982, at all Saway Stores in the following counties: Solano, Napa, Sonoma, Marin, Contra Costa, San Francisco, Alameda, San Mateo, Santa Clara, Monterey and Santa Cruz. *Prices not effective in Vacaville or Fairfield. Sales in retail quantities only.

SPECIALS

GENERAL FOODS CAR LOAD SALE

Fresh Tomatoes



California Grown

lb. 39¢

Fresh Peaches

Celebrate National Peach Month with Fresh California Peaches from the San Joaquin Valley. Try Some Fresh Peaches Sliced over delicious Snow Star Ice Cream.

lb. 38¢

Fresh Mushrooms

Saute' to go with a Safeway Quality Beef Steak

\$1.49 lb.

Yellow Onions

Great on Burgers made with Safeway Quality Ground Chuck

5 \$1 lbs.

Napa Cabbage

Also known as Chinese Cabbage

lb. 29¢

Bok Choy

Great for Stir Fried

lb. 29¢

Radishes

and Green Onions

4 \$1 bu

Carrots

Clip Top

3 lbs. 89¢

Head Lettuce

Iceberg Variety, from the Salinas Valley

ea. 35¢

Fresh Celery

Crisp Stalks, from the Salinas Valley

ea. 39¢

Bell Peppers

Large Size, Great in Salads or Stuffed, from the Salinas Valley

lb. 49¢

Zucchini

Garden Fresh, Locally Grown

3 \$1 lbs.

Ruby Grapefruit

Fresh, from the Coachella Valley

3 \$1 for 1

Gloxinias

Beautiful Velvet like Blooms in Assorted Colors

6" Pot \$4.98

Mangos

A Fresh Delightful Treat from the Tropics with a Taste that's a Cross between Apricot and Pineapple.

ea. 79¢

Family Scott

Bath Tissue, 4 Roll

SAFETY SPECIAL

SAVE 6¢

89¢



SAFETY SPECIAL

SAVE 30¢

Betty Crocker

Super Moist Cake Mix, 18.5 oz. (Frosting Mix, 16.5 oz., \$1.49)

89¢



EVERYDAY LOW PRICE

Swanson

Macaroni & Cheese, Frozen, 7 ounces

39¢



SAFETY SPECIAL

SAVE \$1.26

Hamm's Beer

12 Pack, 12 oz. Cans

\$2.99



SAFETY SPECIAL

SAVE 6¢

89¢

IN-STORE BAKERY

Chocolate Whip Cream Cake

Three layer 8" cake filled and iced with pure whipping cream. Regular price \$7.25. SAVE \$1.26.

\$5.99 Each

Apple Strudel

Regular price \$2.39. SAVE 90¢

\$1.49 Each

Gourmet Peach Pie

8" deep dish. Regular price \$3.19. SAVE 90¢

\$2.29 Each

Old Fashioned Donuts

Regular price 3 for 99¢. SAVE 66¢ on 5.

5 For 99¢

Stone Ground Wheat Bread

One pound loaf. Regular price \$1.19. SAVE 30¢.

89¢ Each

Available at In-Store Bake Shops only

BREAD SPECIALS

Premium Bread

SAFETY SPECIAL

SAVE 20¢

Safeway, 1 1/2 lb. loaf

59¢

Hot Dog or Hamburger Buns

Wm. Wright's, 8 ct. (Crushed Wheat or with Sesame Seeds, 8 ct., 63¢)

59¢

VARIETY SAVINGS

Head & Shoulders

Shampoo, Lotion, 7 oz. or Tube, 4 oz.

\$1.39

Scope

Mouthwash, 18 ounce

\$1.79

Murine

or Murine Plus, .5 oz.

99¢

Men's Crew Socks

Heavy Weight, Cushion, Pair

\$1.39

Body Spray

Impulse, Perfumed Deodorant, 2.5 oz.

\$1.99

d-Con Flea Kill

Fogger, 6 ounces

\$3.99

Country Music

Volume 7, Dolly Parton, each

\$3.99

Cortaid Hydrocortisone

Cream or Ointment, .5 ounce

\$1.39

SAVE \$1.60

Spinach

Bel-air, Leaf or Chopped, Frozen, 10 oz.

BUY 4 SAVE 56¢

4 \$1 for 1

Ice Cream

Snow Star, Half Gallon

SAFETY SPECIAL

SAVE 40¢

\$1.39

(Party Pride Fruit Juice Bars, Frozen, 12 ct., \$1.99)

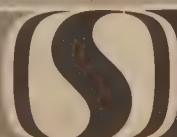
Almaden

Mt. Wines, Chablis, Nectar Vin Rose, Burgundy or Rhine, 1.5 liter

SAFETY SPECIAL

BUY 2 SAVE \$2.00

2 \$6 for 6



SAFETY

Prices and prices in ad are available July 14, 1982, thru July 20, 1982, at all Safeway Stores listed on the other page.

10% CASE DISCOUNT on Wines & Liquors, selected advertised specials excluded. No sales in excess of 20 gallons. No sales for resale. At licensed Safeway stores only.



Mr. and Mrs. Michael J. Wegher

—Bev Wanlin photo

Caribbean honeymoon cruise

Anne Ventin and Michael J. Wegher were married at St. John the Baptist Catholic Church in El Cerrito. They took a honeymoon cruise through the Caribbean and are making their home in El Sobrante. Mira Vista Country Club was setting for the wedding reception.

Daughter of Mr. and Mrs. Richard Ventin of El Cerrito, the bride graduated from Presentation High School and magna cum laude from San Francisco State with a B.A. in business administration. She is an adjudicator with the California Employment Development Department.

Mr. and Mrs. Joseph Wegher of El Cerrito are par-

ents of the bridegroom. He graduated from Salesian High and received a degree in accounting from Hayward State. A state employee, he is senior accounting officer and treasurer for the Cow Palace in San Francisco.

Attendants were Nancy Rounds, the bride's sister, matron of honor; Kerry Brownlie from Lancashire, England, flower girl; Loretta Antonucci, Donna Chaves, and Cindi Dwyer, bridesmaids; Tom Villa, best man; Ron Nicoli, Don Nicoli, Joe Rounds, ushers.

For her marriage, the bride wore a white chiffon gown with Queen Anne neckline and pearl-accented bodice.

Mail bag

(Continued from Page 4)

knew what the paper means to me, it would be?

Respectfully and sincerely submitted and looking forward to having the Times Journal delivered each Wednesday.

I remain, sincerely yours,
Florence Cleland
Albany

(Editor's note: We, too would like to make sure you receive the Times Journal each Wednesday and Sunday and will forward your complaint to the circulation department. In the meantime, the phone number of the circulation department — which is located in the main office of the Times Journal's sister paper, the Contra Costa Independent — is 236-2100.)

Exhibit of Victorians set

Lowell Hecking's oil painting exhibit of victorian houses will be seen at Contemporary Arts, 2318 Shattuck Ave., Berkeley through Aug. 17.

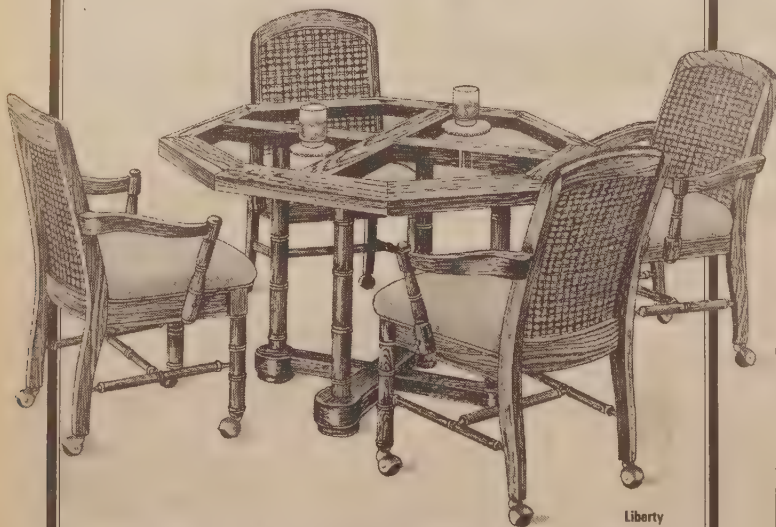
Gallery hours are Tuesday through Saturday, 11 a.m. to 5 p.m. For information, call 848-9073.

RB
FURNITURE

It speaks for itself

The label, the look and the price say it all.

\$999.



Game/Dining set with 48"x48" octagonal glass insert table and cane-back chairs.

COME HOME TO RB FURNITURE • 77 SHOWROOM-STORES THROUGHOUT THE WEST
Decorating service, delivery and our warranty of quality at no extra cost

In Northern California: DUBLIN: 7922 Dublin Blvd. • EL CERRITO: 11425 San Pablo Ave. • FREMONT: 3400 Mowry Ave. • FRESNO: 4344 North Blackstone Ave.
HAYWARD: 21756 Foothill Blvd. • PLEASANT HILL: 826 Contra Costa Blvd. • MOUNTAIN VIEW: 1730 El Camino Real West
REDWOOD CITY: 2750 El Camino Real • SAN MATEO: 1801 S. Grant • SAN JOSE: 1522 S. Winchester Blvd. • SAN JOSE: 2155 Tully Rd.
SAN JOSE: 1000 Blossom Hill Rd. • SAN RAFAEL: 373 Redwood Hwy. • SANTA ROSA: 3375 Cleveland Ave. • STOCKTON: 6336 Pacific Ave.
SOUTH SACRAMENTO: 6901 Stockton Blvd. • SOUTH SAN FRANCISCO: 555 El Camino Real • NORTH SACRAMENTO: 4717 Madison Ave.

SHOP 7 DAYS A WEEK • WEEKDAYS 10 UNTIL 9 • SATURDAY 10 UNTIL 6 • SUNDAY 12:30 UNTIL 6
RB FURNITURE CHARGE CARD & MAJOR CREDIT CARDS

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Briefs

Albany day camp registration open

ALBANY — Day Camps at Memorial and Terrace Parks continue for three more three-week sessions, 9 a.m. - 4 p.m., Monday through Friday.

The sessions will run from July 12-30 for second session, Aug. 2-20 for third session and Aug. 23 - Sept. 10 for the fourth session.

Memorial Park program will be for ages 5 through 12 years of age and Terrace Park will be for ages 5 through 10 years of age.

The programs will include sports, cooking, arts and crafts, nature study, puppetry, swimming, beach exploring, biking, field trips, group singing, cookouts and hiking.

Children should bring their own bag lunch except on

cookout days. Three-week sessions are \$75 for residents and \$85 for non-residents.

Registration is now being taken at the Albany Recreation Dept., 1000 San Pablo Ave., for further information.

Parents practice

KENSINGTON — Family Effectiveness Training, a course in communication and problem solving skills, will be sponsored by the First Unitarian Church of Berkeley.

It begins Monday, July 26, 7-10 p.m., in the Unitarian Room.

Art school

EL CERRITO — The Cerrito Art School will hold its annual event on Sunday, July 18, from 11 a.m. to 5 p.m. The event will be held at the Cerrito Art School, 1000 San Pablo Ave., for further information.



5th ANNIVERSARY CLEARANCE SALE

SAVE
GOOD YEAR
POWER STREAK
\$25⁹⁵
A78x13 Blk
1.42 F.E.T.

SAVE
GOOD YEAR
VIVA RAD
\$35⁹⁵
P15580R13NW
1.44 F.E.T.

SAVE
GOOD YEAR
G800-5
\$42⁹⁵
165R14 Blk
1.80 F.E.T.

SAVE
GOOD YEAR
CUSTOM POWER
\$65⁰⁰
P19575R14W
2.18 F.E.T.

SAVE
GOOD YEAR
VIVA RAD
\$49⁰⁰
P18575R14NW
1.93 F.E.T.

SAVE
GOOD YEAR
CUSTOM TREAD RAD
\$56⁰⁰
FR18x15NW
2.45 F.E.T.

MORE BLEMISH TIRE SAVINGS!

Qty.	Size & Sidewall	TIRE NAME	SALE PRICE	Plus F.E.T. no trade needed.
12	F70x14 OWL	C. WIDE TREAD	55.00	2.47
22	G60x14 OWL	C. WIDE TREAD	55.00	2.84
10	G60x15 OWL	C. WIDE TREAD	66.00	2.91
12	P205/70R14 OWL	EGALE GT	89.00	2.23
10	P19575R15 BLK	ARRIVA	67.00	2.21
16	P18580R13 BLK	VIVA BLK	42.00	1.78
10	P16575R15 BLK	C. POLY STI	40.00	1.79
10	P195/50R14 NW	ARRIVA	68.00	2.16
8	P185/70R13 W/W	ARRIVA	52.00	1.88
10	950x16-5 LT	TRACKER TT NYL	66.00	4.21

Sale Ends Saturday!

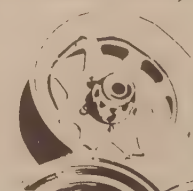
LUBE & OIL CHANGE



\$9
Includes up to 5 qts
Kerrall motor oil and
complete chassis lubrication
Oil filter extra if needed

Includes many imports and
light trucks. Please call for
an appointment

**American Eagle
Wheel Corporation**



**14x6
White
Spoke
Wheels**

as low as **\$19**

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25% Off!**



Enjoy super savings — for a limited time
25% Off Discounts are here! We Accept
MASTERCARD 3 DAYS ONLY!
Subject to stock on hand.

VISA HOURS: MON. thru FRI. 7:30 a.m. to 5:30 p.m. SAT. 8:00 a.m. to 4:00 p.m.

C&S TIRE SERVICE

(Goodyear Auto Services Center)
431 San Pablo Ave., Albany • 527-4363.
Hours: Mon.-Fri. 8 a.m.-5:30 p.m.,
Sat. 8-4, Closed Sun.
(SALE ENDS JULY 21st, 1982)

GOOD YEAR

Times Journal / features

Capturing the lives of early California women

By PENELOPE KRAMER

ALBANY — During the Gold Rush, California was a man's world; according to one census, in 1850, the state had 12 men for every woman. Women were objects of curiosity," wrote a woman there. "Women who ventured onto the streets of San Francisco in the early 1850s felt themselves un-ably stared at. Doorways filled instantly, and little islands in the were thronged with men who seemed to gather in a and who remained immovable till the spectacle from their incredulous gaze."

The report appears in "California: A Woman's unpublished book by Carol Feinstein, based on of more than 100 early California women. will read from her work on Thursday, July 15, at the Albany Senior Center.

Feinstein said the idea of recording ordinary women's feelings and daily lives" was a new one. "Capturing the thoughts of early female settlers took To catch their voices, she copied excerpts from diaries in libraries throughout the state, and then aloud again and again at home.

Even the most genteel middle Eastern women who followed their husbands to California found themselves in canvas huts with dirt floors and paper walls, sleeping on the floor and fighting off fleas, robbers and endless

ter the years," she said, "a conversation evolved" herself and the women, and between the women

on feel like you're getting it right if you can get ling to one another," she said.

Feinstein teaches a course on journal writing called "Your Own Voice," and gives readings from the At them, she said, "people respond to what the in the book said, but they are talking about them- They taught me the book is not merely about Northern California, it's about women's private

According to Feinstein, female settlers during the and '50s lived a rugged life.

Even the most genteel middle class Eastern women followed their husbands to California found them- selves in canvas huts with dirt floors and paper walls, on the floor and fighting off rats, fleas, robbers and dirt.

Their diaries reflect the hardships and strangeness of

the woman wrote, "everything is in such a state of not believe in the reality of anything. It's like the of a dream."

The Hitchcock Coit (of the Coit Tower family) said "a power" in San Francisco in 1851. She de- scribing awakened one night by a rat falling on her it ate through the muslin ceiling overhead.

Another San Francisco resident wrote that after mid- city was a "mighty busy place." Through her could hear "guns firing, music, some calling for think by the sound they are having a drunken row, so common it is of no account...it is a perfect bee much noise and confusion all the time."

Feinstein described her book, it was hard to tell she was speaking her own words and when she was

According to my women," Feinstein wrote, "the of men had been led astray — away from home a precious yellow metal. Gold lured them far from tive lands; it caused 'forgetfulness of old ties, pur- motives, restraints.'"

Every available dollar went into the men's search for the schools, churches, and homes the women

As a result, homes were slapped together in less than out of muslin, paper and canvas (the only lumber available, one woman wrote, had been brought there by ships, carried around the Horn from Boston).

Family life suffered. One woman described in detail a one fistfight which erupted after one settler's wife, arrived from the East, arrived at her husband's front to be greeted by his second wife.

Wife number 2 fined \$1000 or 12 months in prison," "Wonder what was done to husband?"

Most California women felt they had been exiled. The women were kind of pawns," Feinstein said, "in that only their husbands knew the rules of, and their husbands knew the ends of."

One woman wrote: "I don't love these mountains the loved the hills of New Hampshire. They're like for- mons, barriers and I'm like a prisoner here."

Feinstein said the women were torn between their in doing "men's work" and the desire to hang on to

minimally. One woman criticized herself for going into a public a store, to stop one man from killing another. she was proud of saving a life, she felt a true lady not leave her home.

Women who chopped wood, made their own furni- and cooked and cleaned for endless boarders still to maintain the image of pampered femininity.

Yaca Valley, Luzena Stanley Wilson, who ran a house for 200 men, cherished the politeness with he was treated.



Carol Feinstein:

"My own mother came to California from New York when I was three months old. She was alone, isolated. I was her main companion."

Times Journal photo by Chris Gilbert

"It was a motley crowd that gathered every day at my table," she wrote, "but always at my coming the loud voices were hushed, the swearing ceased, the quarrels stopped, and deference and respect were as readily and as heartily tendered me as if I had been a queen."

"I was a queen."

But "her tasks totally belied her title," Feinstein said.

"People will respond to this juggling of different selves," Feinstein said. "Her lack of self-esteem insures a lack of success. That's true of many women. If you question your right to do something, the pursuit itself is going to be hampered."

These women were horrified to find that their daughters did not share their concern for femininity.

Lillie Hitchcock Coit's mother wrote, "she is growing tall and handsome; is a woman in appearance but is a perfect Tomboy in manner. She goes stamping about the house in high-heeled boots, with her hands in her pockets, whistling just like a man — you would never imagine that it was a woman."

Some felt instinctively that the Gold Rush wouldn't make their husbands rich, and fell to running a boarding house, sewing or doing laundry to make ends meet. In the frontier towns where a pair of boots could cost \$96, and the price of washing 12 handkerchiefs was \$8, they could make a fortune.

But the work was hard. One woman described waking up at dawn, and spending six hours doing laundry in a tub in the yard. When she was finished, she had cleaned 12 shirts.

Their diaries show that the hardest thing on them was the isolation from other women.

One woman wrote of seeing only two other women her first six months in Sacramento. Another wrote that it was four years since she had been more than five miles from home.

Femininity required a sort of emotional isolation too, Feinstein said. The women were not supposed to share their feelings with men — their womanly duty was to be ever cheerful.

One woman wrote that even during labor she "could not let out a scream or any sign of misery for fear of hurting him."

Another said, "I never allow myself to be angry. I think we should do everything in our power to be happy and to make other people happy."

"Despite a lifetime of hardships," a third said, "I never showed a morose disposition."

In a journal she shared with her husband, one woman wrote that she was too exhausted to move. In the same month, her husband wrote "she is up and has breakfast every morning before daylight and is perfectly healthy and full of contentment and fun."

Feinstein said she had come to understand her fasci- nation with the feelings of women living far from home.

"My own mother came to California from New York when I was three months old," she said. "She was alone, isolated. I was her main companion."

From her first years with her mother, she said, came her interest in other exiled women.

She wrote the book, she said, because "the people writing (diaries) all say, 'I don't know why I'm writing this. I'm not important. I have nothing to say.'"

"This is my way of saying, 'Yes you are impor- tant.'"

Briefs

Learn to sew this summer

ALBANY — Two "simplified sewing" courses will be offered by Albany Adult School on four consecutive Thursdays starting July 8.

A morning section will convene at MacGregor High School, 601 San Gabriel Ave., from 9 a.m. to noon. The evening course will meet at Albany High School, 601 Key Route Blvd. from 6:30 to 9:30 p.m.

Both courses, which will be taught by Shirley Barden, are designed for all levels of students.

Emphasis will be on speedy sewing methods, aids to ease your sewing efforts, machine finishings and basic "short-cut" construction techniques and procedures.

The fee for adult students is \$10. Telephone 526-6811 for more details and registration information.

Check your cholesterol

Is there good and bad cholesterol in the blood?

Good cholesterol prevents the risk of heart attack and bad cholesterol increases the risk of heart attack. Find out how much of each cholesterol you have by taking a simple blood test.

CommonHealthCare will offer this low-cost cholesterol check on July 22. Call 834-9022 for further information.

Investment lecture set

Arthur N. Day, an account executive with Merrill Lynch, Fenner & Smith, will speak on investments at 1 p.m. Wednesday, July 14 at North Berkeley Senior Center, 1901 Hearst St.

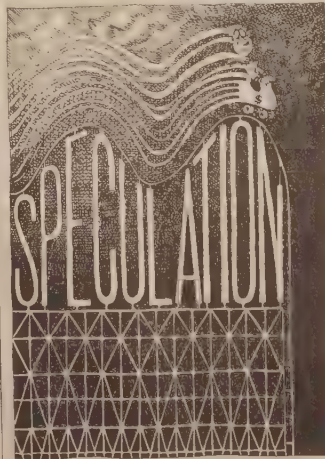
This is the second in a series of free workshops related to money matters co-ordinated by Sylvia Russo, sponsored by the center and City of Berkeley. For more information call 644-6107.

ARE YOU TOO OLD FOR ROLLER COASTERS?

There's one thing about roller coasters. They go up. And they come down.

In January of 1980 gold hit the dizzying height of \$875 an ounce. On June 8, 1982 it was selling for \$331 an ounce.

In the last couple of years a



flawless one-karat investment diamond nose-dived from about \$60,000 to \$18,000.

Pork belly futures. Ancient Greek drachmas.

Puts. Calls. Options. Yes, the world is full of exciting ways to invest your money these days.

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Obituaries

M. James Owenhouse

Private family services for Thousand Oaks Hardware founder M. James Owenhouse Sr. were held in Montana.

Mr. Owenhouse died at Bozeman convalescent hospital. He was 83.

Born in Bozeman, Mr. Owenhouse moved to Berkeley in 1946.

Founder of Thousand Oaks Hardware, which closed its doors recently, Mr. Owenhouse purchased the business in 1946. It was then named Solano Hardware.

He renamed the store Thousand Oaks Hardware in 1963.

He graduated from UC-Berkeley in 1921 with a degree in electrical engineering. In the early 1930s, he was a superintendent for the New York News building, one of the tallest in the city at that time. In 1936 he returned to Bozeman and took over his father's hardware business.

Survivors include a son, James W. Owenhouse Jr., of Lafayette; two grandchildren.

Burial was in Bozeman. The family prefers memorials in his name be made to the American Parkinsons Disease Association, 116 John St., New York, N.Y., 10038.

Inda M. Nehls

ALBANY — Funeral services were held for Inda M. Nehls, a long-time local resident and homemaker.

A native of Cascade, Iowa, Mrs. Nehls lived in Albany and died while visiting friends in Glendale Heights, Ill., July 1. She was 61.

She was a member of St. Jerome's Catholic Church, The Richmond Country Club and was a former member of the Albany PTA.

Survivors include her husband, Robert of Albany; her sons, Robert Jr., of Walnut Creek, Christopher of Albany; her daughters, Linda Rangell of Carmichael, Nanci Padison of Alameda, Terri Wallace of El Cerrito; brothers Patrick Kean of Illinois, Ray Kean of Martinez, Edward Kean of Vallejo; a sister, Carole Mendonca of Hayward; and eight grandchildren.

Arrangements were by Ellis-Olson Mortuary.

A memorial Mass was said at St. Jerome's Catholic Church in El Cerrito. Private burial followed at St. Joseph's Cemetery in San Pablo. The family suggests remembrances to the Alameda County Easter Seal Society or the American Lung Association.

Kids learn about acting

EL CERRITO — Registration is now in progress for summer drama classes (Pocket Division) of the Contra Costa Civic Theatre.

These onstage acting classes for children ages 7-12 were begun by CCCT in 1959. Laura Pratty and Mark Patino will direct.

All classes are held at the Contra Costa Civic Theatre, 951 Pomona Ave. in El Cerrito. Registration is \$20 per child for the six week class.

For more information call 232-6537.



LET'S TALK IT OVER

With Odd E. Haugen

People outgrow their residences just as children outgrow clothing. As the size of the family changes, the home becomes too small for Mom, Dad and several active children or two large for just Mom and Dad after the children have moved away into homes of their own. The needs of the family change but the house stays the same size.

Some people are reluctant to sell their homes and find more suitable residences because the value has increased so much that they fear the tax consequences. The tax laws now provide that no tax need be paid if the proceeds from the sale are reinvested in a new residence within one year.

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Joe K. Borden

ALBANY — Funeral services were held last week for Joe K. Borden.

Mr. Borden died July 1 after a brief illness. He was 77.

A native of California, Mr. Borden was the husband of the late Pearl C. Borden.

He is survived by a son, Robert G. Borden of San Jose, four grandchildren, two brothers and two sisters.

Arrangements were handled by Ellis-Olson Mortuary.

Fletcher is named VP

William D. Fletcher, president of the Drives Division of Allen-Bradley Co., has been elected a corporate vice president. He is the son-in-law of William O. Roberts of Albany.

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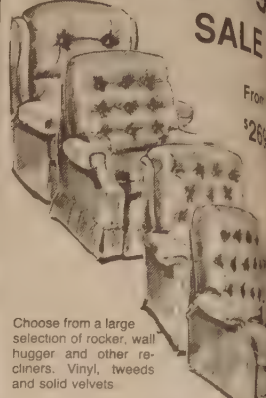
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Journal is ex- coverage of po- in Albany this to include incidents to not result in an because of the skele- records main- by Contra Costa we regret that we the same for El

ALBANY
The Police Department here reports the following activity for the week ending July 11:
July 5
• Ralph Monroe Boggs, 23, of Richmond, was arrested and charged with burglary after he was observed leaving the Big Bear

Car Wash, where a window had been broken, with a flashlight and screwdriver in hand. Bail was set at \$4,000, and Boggs was transported to Berkeley Albany Municipal Court.
• A business in the 1,000 block of San Pablo reported an attempted burglary.
• Groceries and property

with an estimated value of \$100 were stolen from an open boat on the 500 block of Talbot.
• A resident of the 700 block of Talbot reported the theft of a hand truck from the driveway of his home. The value of the dolly was not reported.
• Three Albany boys,

ages 9, 13 and 16 were arrested and charged with trespassing on the roof of the Albany Corporation yard and throwing roofing material to the ground. The three were released to the custody of one of the boy's mothers.
• A resident of the 3,000 block of West Place re-

ported the burglary from a house of a motocross style bicycle valued at approximately \$250.
July 7
• Lyndah Leigh Lutghe, 26, of El Cerrito, was arrested and charged with public intoxication and resisting officers in the course of their duty, after she was

observed pounding on a second-story door at 401 Stannage. She was issued a citation and released.
• A resident of the 800 block of Washington reported the theft of tools from the basement of his home. The value of the tools is unknown.
• Kevin Alexander Zamboanga, 19, of Albany, was arrested on an outstanding warrant charging battery. Bail was set at \$1,000, and Zamboanga was released on a 10 percent cash bail.
July 8
• Charles Joseph Borreani, 47, of San Pablo, was arrested and charged with battery following a fight in the parking lot of Little Alaska. Borreani was released when his opponent in the scuffle declined to press charges against him.
• Three San Pablo boys, ages 13, 14 and 15 were arrested and charged with attempted grand theft. They were transported to juvenile hall.

EL CERRITO
The Police Department here reports the following adult arrests for the week ending July 11.
July 6
• Elbert John Taylor was arrested and charged with petty theft. He was issued a citation and released.
July 8
• Rey Alan David was arrested and charged with forgery. Bail was set at \$3,000.
July 9
• Jeannie Virginia Guzman was arrested and charged with petty theft. She was issued a citation and released.
July 10
• Roderick Alvin Jackson was arrested and charged with driving with a suspended or revoked driver's license. He was issued a citation and released.
• Lennetta Grace Lai was arrested and charged with petty theft. She was issued a citation and released.
• Anna Patricia Knight was arrested and charged with petty theft. She was issued a citation and released.

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• Anna Patricia Knight was arrested and charged with petty theft. She was issued a citation and released.

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RADIAL G/T 70
SIZE SALE EA. EA. IN PRS. EA. IN SETS OF 4
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Lewis attends conference
KENSINGTON — Anne Lewis, religious education director of the First Unitarian Church of Berkeley, was one of 1,600 delegates from the United States and Canada who traveled to the Bowdoin College campus to attend the General Assembly of the Unitarian Universalist Churches and Fellowships in North America.
Among the issues considered at the meeting were resolutions on nuclear disarmament, the new abolitionism, and the separation of church and state.
Among the speakers at the General Assembly were Georgia State Senator Julian Bond, actress Colleen Dewhurst, artist and author Corita Kent, and former U.S. Ambassador to El Salvador Robert F. White.

Need teens to aid elderly
Friendly Visitors needs teenaged volunteers for their program, willing to visit a senior citizen at home for about one hour per week.
Friendly Visitors do what friends do: talking, listening, reading, crafts, shopping etc. The purpose of the program is to keep the senior citizen in his or her own home for as long as possible.
If any teenagers would like to spend some of their summertime helping out in the Friendly Visitors program, please call Nancy or Jeanne at 758-4985 (ext. 223).

Fiber art show planned
The Richmond Art Center has received a grant from the National Endowment for the Arts for a major exhibition of "Wearable Art" to be held in the spring of 1983.
This exhibition will focus on current developments in art which are created for personal adornment. Emphasis will be on the personal statement of the creator/designer/artist.
Local fiber artist JoAnn Stabb will serve as guest curator.

Berkeley Shakespeare Festival opens ninth season

By MARTI KELLER

If this summer's evenings are traditional, John Hinkel amphitheater in the Berkeley hills will be cloaked in fog and cold — cold as is tolerable under down jackets, layers of blankets, and stiffly laced coffee.

Experienced visitors to the Berkeley Shakespeare Festival, which opened its ninth season last weekend, come dressed "for Christmas in the Klondike," says Bernard Taper, former president of the board of the festival. Once fortified, they can enjoy what has become one of the highest ranked of the Shakespeare festivals in this country, a relative newcomer to the ranks of these marathon theater events that are just as much a part of summer as baseball and barbecues.

Other Shakespeare industry towns like Stratford, Conn., and Ashland, Ore., offer tourist attractions like pleasant weather and wild river rafting. The Berkeley festival offers only rare starry skies, but often superb productions. Productions, including "Pericles" (1979), "The Merry Wives of Windsor" (1980) and last year's seldom performed, campy "Cymbeline," brought critics' awards to the company and an enthusiastic response from Bard devotees and newcomers alike.

This season the festival is offering "Antony and Cleopatra," directed by Patrick Tucker, a British import who has also worked with the Royal Shakespeare Company; "All's Well That Ends Well," opening Aug. 13, directed by Albert Taka-zauskas, whose round-robin production of "The Norman Conquests" was a crowd-pleaser and award-

winner for the Berkeley Repertory Theater last summer; and "The Winter's Tale," opening Sept. 10, directed by Dakin Mathews, a veteran of the now-defunct California Actors Theater in Los Gatos and of the American Conservatory Theater in San Francisco.

The festival added a winter solstice show last year with "Twelfth Night," converting the Great Hall of the Veterans Building downtown into a regal celebration. While this extended the season, restored a

previously underused theater into a more playable space, and allowed them to employ more actors and technicians for a longer period of time.

The additional play also lost \$10,000. The show needed to attract at least 60 percent houses, according to the projections of administrative director Carol Zimmerman, who came to Berkeley in 1980 after working with the New York Department of Cultural Affairs.

"We only got 50 percent houses, but it was our first

experience with an indoor show and we are doing one again," Zimmerman said. "Hamlet," directed by Richard E.T. White, opens Nov. 19.

Festival organizers are worried about money. They had hoped to wipe out the last season's \$20,000 deficit before the inevitable curtain rises tonight, but the poorly attended winter show, slow subscription sales and a generally skittish theater funding situation has worked against them so far. Season ticket sales are about what they

were last year, not increased as had been assumed. Audiences are taking a wait-and-see attitude toward purchasing tickets for plays that have not been reviewed.

According to Zimmerman, subscription rates have been lowered in an effort to bolster sales and attract more youth and seniors.

They have added Wednesday matinees, giving camp and school groups a chance to add another field trip to their repertoires. As part of their

community outreach, they will be continuing to visit city recreation centers doing Shakespeare workshops for kids; the college Summer with Shakespeare program is also back, and this fall they will be in Berkeley High School with "Hamlet" enrichment programs.

Besides being a major cultural event in Berkeley, drawing more than 200,000 viewers, the festival also likes to bill itself as one of the city's major summer employers. This year they have a payroll of 99, in-

cluding a number of youth apprentices. The Berkeley Repertory theater summer production of "Tonight at 8:30" employs 64 people.

Recently the local Actor's Equity union voted to abolish the waiver contracts that enabled small theaters to use equity members without scale pay. While other Bay Area companies are reeling under that drastic policy change, the Shakespeare Festival has had an ongoing commitment to pay its actors using three equity actors and a paid stage

manager. This company Zimmernan be using it in all of League of

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Girl Scouts go to camp

Local girls between the ages of 6 and 12 may enjoy an out-of-doors day camp beginning Monday, July 19, from 9 a.m. to noon at Ohlone Park, Berkeley.

This two-week program, sponsored by San Francisco Bay Girl Scout Council, features volleyball, badminton, cookout, crafts and soccer.

"The girls will learn how to make ice cream, and of course, taste it," says Janie Davis, a field staff member. It is also a good way to meet friends and earn a Girl Scout badge, she adds.

Registration fee is \$10, which covers membership, insurance and other expenses. Openings are limited. For registration and information on other Girl Scout camps, call Davis or Laurie Schneider at 562-8470.

New dance class starts

EL CERRITO — Carol Heath, former Ice Follies skating star, is now teaching morning exercise classes at the Veterans Memorial Hall, 6401 Stockton Ave.

Classes are Monday, Wednesday and Friday at 9 a.m. Register in class.

The price is \$3 for a single class or \$2 per class if four or more are purchased at a time.

Energetics concentrates on toning, firming and stretching the body as well as a portion of aerobic exercises for the heart and lungs. The hour-long program is choreographed to music.

Bring a mat and wear loose clothing. Babysitting is available.

For more information call 525-2346.

How the body really works

Dr. Ralph Gancher will lead a series of five discussions on The Way Our Bodies Work.

This free series, held at North Berkeley Senior Center, will begin Wednesday, July 21 at 1 p.m. and continue each Wednesday through August 18.

Topics under discussion will be lungs, the heart, intestinal tract and stomach, urinary system and the brain.

For further information on this or other summer special series sponsored by City of Berkeley, please call 644-6107 or drop by the center at the corner of Hearst and Grove Streets.

Churches

ALBANY

First Baptist Church of Albany
Worship service on Sunday begins at 11 a.m. with the Alan Newlove bringing the message. Sunday school begins at 9:30 a.m.
On Wednesday, July 14 at 7:30 p.m., the Bible study will meet at 1066 Curtis St., Albany. The study is on the book of Revelation. Thursday at 10 a.m. there will be a meeting in the sanctuary of the church.
On Monday at 7:30, the Young Married Couples fellowship meets at 832 Lexington Blvd., El Cerrito.
On Wednesday mornings at 9:30, a children's play meets in the nursery of the church.
The church is located at 1319 Solano Ave., Albany. 526-6632.

EL CERRITO

Bay Area Seventh Day Baptist Church
The church and its pastor, the Rev. Stephan Saunders, invite the public to attend services every Saturday in the chapel of the Methodist church at 6830 Stockton Ave., El Cerrito. Service, 10:30 a.m.; Sabbath school, 11:40.
A potluck lunch is held every Sabbath immediately following Sabbath school. All are invited to bring a dish to pass.
The home Bible study group meets every Thursday at 7:30 p.m. in a convenient location in El Cerrito at a member's home. The public is invited. For more information, call 527-2055.

Bio-art at science hall

UC-Berkeley's Lawrence Hall of Science sponsors "Bio Art Day" on Wednesday, July 28, from 1:30 to 3:30 p.m.

LHS staff will be available to help visitors make a variety of nature prints.

For more information and a free brochure of events, call 642-5132. Lawrence Hall of Science is open daily from 10 a.m. to 4:30 p.m. and Thursday evenings until 9 p.m.

Admission is \$2.50 for adults, \$1.50 for students and senior citizens, \$1 for young people 7-18, and free to LHS members and children 6 and under.

Martial arts classes set

ALBANY — The Albany Parks and Recreation Dept. is offering summer classes in non-violent martial arts for children. This new program which is available to students age 5-14, promotes calmness, willpower and concentration.

Instruction includes meditation and natural stretching exercises taught with non-competitive martial arts based on harmony.

Attendance for these classes is limited and prompt registration is suggested. The cost is \$15 per month. For information call 236-4340 or 526-7518.

Grace Lutheran Church

On Sunday, July 18 at 9:30 a.m., the Rev. O.R. Janke, pastor emeritus, will speak on "Pursuit of Happiness," based on Psalm 106:14-15 and Matthew 6:33. Holy Communion will not be administered. Sunday school and Bible class follow at 10:30 a.m.

On Thursday, July 15, Bible class will meet at 10:45 a.m. A brown bag lunch follows at noon. The Women's League meeting begins at 1 p.m. in the Parish Hall.

The church is located at Santa Fe and Ward in El Cerrito; 525-9004 or 525-1078.

KENSINGTON

Arlington Community Church

Guest speaker Fred Plumer will lead the service for July 18. He will speak on "The Same Message - One More Time." Readings will be from Deuteronomy 6:4-5, Leviticus 19:17-18 and Mark 12:25-34. Plumer is a Pacific School of Religion student and a member of the Board of Christian Education at the church.

Sunday school classes will meet with Mary Karaca for an enrichment program on "Pretend You Are in Outer Space." A meditation and healing service will be held at 6 p.m. in the chapel.

Wednesday worship begins at 6:15 p.m. with a potluck supper, followed by a service at 6:45 p.m.

Reservations for the weekend at the church camp near Cazadero are to be made with Sara Laferte. The July 17-18 weekend will feature a rubber raft regatta and the rock-skiing contest.

The church is located at 52 Arlington Ave., Kensington. Call 526-9146.

First Unitarian Church of Berkeley

An active singles group meets at the church every Sunday at 7:30 p.m. Each Tuesday at 6:30 p.m. there is a family potluck followed by activities for all ages.

The church is located at 1 Lawson Road, Berkeley. Phone 525-0302.

THOUSAND OAKS

Northbrae Community Church

On Sunday, July 18 at 11 a.m., the Rev. Dr. Richard Simonds, guest minister, will speak. The service will also feature piano selections by Laurie Foster, age 9.

Summer church school for children ages three through eight grade will begin each Sunday at 11 a.m. on the second floor of Haver Hall. The theme for the summer is "Living in God's Love: The Rainbow Connection." Nursery facilities are available on Sundays from 11 to 12:15, also in Haver Hall.

During July, the Ted Cleveland Gallery on the second floor of Haver Hall will feature a display of project drawings and hand-made furniture by Mike Seuffer, a Berkeley designer and contractor. The exhibit is open to the public on Sunday mornings.

The church is located at 941 The Alameda, in the Thousand Oaks district of north Berkeley.

Thousand Oaks Baptist Church

On Sunday, July 18 at 10:30 a.m. worship service, the Rev. Eugene Faden will speak on "Because of Their Unbelief He Could Do No Mighty Work." The Rev. David Chen will also preach to the Chinese congregation. Oscar Burdick, guest organist, will perform. Bill Nelson will be the guest soloist and will sing, "I Walked Today Where Jesus Walked" by O'Hara. There will be a children's sermon, with the scripture taken from Luke 4:16-30.

A potluck luncheon and quarterly business meeting will follow.

Church school classes for all ages begin at 9:30 a.m. and are conducted in both English and Mandarin. A Junior Church for first through sixth grade is held.

On Wednesday at 6:15 p.m. a family fellowship potluck supper will be held. Bible study in English and Mandarin will be held at 7 p.m. Choir rehearsal is at 7:45.

On Saturday from 7:30 to 9 p.m. all who are interested are invited to come to the church for an evening of fellowship and exercise, volleyball, ping pong and badminton.

The church is located at the corner of Colusa, just north of Solano Avenue.

EAST BAY

Chinese Rhenish Church

This bilingual (Cantonese and English) Lutheran church welcomes the public to worship every Sunday at 11 a.m., with Sunday school classes for all ages at 9:30 a.m. The pastor is the Rev. Loke Hoy-San.

The following weekly classes are offered: English Bible study, Wednesday, 8 p.m.; Chinese Bible study, Thursday, 8 p.m.; youth fellowship, Friday, 7:30 p.m.; Chinese language school, Saturday 9:30 a.m. to noon; family and individual counseling by appointment only. Call Dr. Loke at 232-0579 or 232-1072.

The church is located at 4709 MacDonald Ave., Richmond. Phone 232-1072.

North Congregational Church

The Christian growth fellowship meets Sunday mornings at 9:30 in the Babcock Room of the church.

The gymnasium is open to high school and college age young people on Saturday evenings at 7:30 p.m. Refreshments are served during the evening, and Bob Graham directs.

The Lunch Bunch is a group of senior singles who meet each Sunday after services for fellowship and a meal at one of the local restaurants; any older single is invited to come to this Dutch treat lunch.

The church is located at the corner of Cedar and Walnut in North Berkeley. Phone 848-1201 or 527-3134 (evenings).

Rodeo Full Gospel Church

Interdenominational evangelistic services are held each Tuesday and Thursday at 7:30 p.m. and Sundays at 11 a.m. and 6 p.m. with Houston Marlow and Sandy of "The Singers for Jesus."

The church is located at 715 San Pablo Ave., Rodeo. Phone 235-9374 or 657-7705.

Film festival planned for kids at library

The Berkeley Public Library will show films for children on Thursdays in the Story Room at 2 p.m.

On July 15, the films will be "The Concert" and "Stuart Little."

On July 29, the films will be "Amazing Cosmic Awareness of Duffy Moon," "Cosmic Zoom," "Family that Dwelt Apart," "Visit from Space" and "Hardware Wars."

On August 12: "Full Fathom Five," "Get Wet," "Castles Made of Sand," "Searching Eye," "Sand Castle" and "The Wave: A Japanese Folktale."

August 26: "The Cow-Tail Switch: A Folktale of America," "Caterpillar and the Wild Animals," "Umoja: the Tiger and the Big Wind," "A Tale for Everyone," "Anansi the Spider," "Mole and the Green Star" and "The Owl and the Raven."

On September 2, the films will be "Magic Flute," "Wonderful Lollipop Rooster," "Magic Sneakers," "Metamorphoses," "Tom Cat's Meow" and "Isabella and the Magic Brush."

The library is at 2090 Kittredge St., Berkeley

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EC Chamber enrolls 15

EL CERRITO — Lyss Barbachano brought in 15 new members during the 1982 membership drive of the El Cerrito Chamber of Commerce.

New members are Bay Excavators, Berndt Landscape & Garden Maintenance, Cosmopolite Travel Service, Carl's Jr., Diversified Real Estate Investments, Doherty's Truck & Auto Rentals, Energy Planning & Design, Peter M. Filice, Associate Member, Dr. Kevin C. Geraghty, Herrick Urgent Care Center.

Also, Midas Muffler, Monti Tile Company, Nagasaki Restaurant, Ernest J. Navellier, Masonry Contractor, Elmo J. Novaresi, Architect, Plant Lady, Vaughn E. Spunagile, Attorney, Bernard Stone, M.D., Francis D. Wilson, D.P.M.

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**West
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Enrolling now for
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Ages 18 mths.-2 1/2 yrs.

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**BRIGHT STAR MONTESSORI
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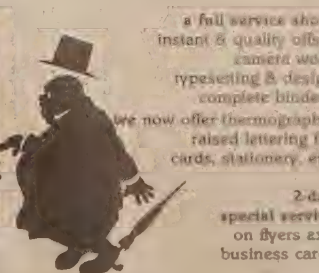
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237-4447

Jacoby on bridge

NORTH		7-13-82	
♠ A 10 8 4 3	♥ A 3 2	♦ K 7	
♣ 6 3 2	♥ J 9 8	♦ Q 8 7	
♠ K 7	♥ K Q 7 6	♦ 10 9 3	
♣ 8 5	♥ 8 5	♦ J 10 9 7	
♠ 6 4 2	♥ 9 5 3	♦ 8 5 3	
SOUTH			
♠ K 2	♥ A K Q 4	♦ A Q J 10 8	
♣ A Q J 10 8			

Vulnerable: North-South
Dealer: South

West North East South
1♥ 1♠ Pass 2♣
2♥ Pass 2♥ 4NT
3♥ Pass 4NT
4♥ Pass 4NT
5♥ Pass 5NT
6♥ Pass 6NT
7♥ Pass 7NT

Opening lead: ♥K

By Oswald Jacoby
and Alan Sontag

North and South bid all around Robin Hood's barn on their way to six no-trump. Not that it is a bad contract. There are 11 top tricks and a 3-3 break in diamonds or a drop of a doubleton queen-jack of spades will bring it home. Then there is a simple

spade, diamond squeeze if one defender holds at least four cards in each of those suits.

None of these breaks are there and West got off to the best defense with his heart lead. However, Dr. John Fisher of Dallas brought home the slam by ducking the first heart, taking the heart continuation and then running off all his clubs.

As John explained afterwards there just was no defense. His three discards from dummy were two spades and a diamond, leaving dummy with three spades, two diamonds and one heart. East had to hold on to four diamonds. He also retained two spades. West was down to one heart, three spades and two diamonds.

Now John cashed his top diamonds. West had to discard on the third diamond. He ducked a spade so John threw dummy's last heart and scored three spade tricks for his slam.

East could have made matters a trifle tougher for John if he had discarded two spades and hung on to the 10 of hearts. But John would have held three spades in dummy and after the queen fell on his king John would finesse against West's jack for his 12th trick.

(NEWSPAPER ENTERPRISE ASSN.)

LOCATORS

did it again!

OWNER WILL CARRY—Albany. Lovely 3 bedroom home with considerable down payment. Covered patio, landscaped yard. Close to everything. G-38. 234-9211.

CHARMING ONE BEDROOM—Berkley. Lots of privacy, redwood deck, fireplace in den. Owner will help with financing. G-39. 234-8555.

MAKE AN OFFER—Berkley. Great one bedroom starter home. Completely refurbished with fireplace. All appliances included. G-40. 234-8555.

BELOW MARKET VALUE—Crockett. Situated high on a hill with spa off master bedroom. Featuring 3 bedrooms, 2 bath. G-41. 724-2400.

GREAT ASSUMPTION. Extremely motivated seller. Spacious 5 bedroom attractive home in the El Cerrito hills. Canyon view. G-42. 234-8555.

BEST VALUE IN EL CERRITO. Four bedrooms, 2 baths, 2 fireplaces. Lots of potential, near schools, parks and transportation. G-42A. 232-7600.

OWNER ANXIOUS—El Cerrito. Quiet location, close to everything. Three bedroom home with good financing. Need a quick sale. G-43. 232-7600.

REALLY NICE—El Sobrante. 3 bedrooms, hot tub, situated on a quiet street. 3 bedrooms, hot tub. Features A/E, formal dining, family room. Owner may carry. G-44. 232-7600.

OWNER WILL FINANCE—El Sobrante. Sharp 2 bedroom home plus duplex in rear. Potential for further development. Call for details. G-45. 237-3607.

GREAT FINANCING—Hercules. Outstanding large 5 bedroom home situated on Bay view lot. Fully landscaped. G-46. 724-2400.

CAPE COD STYLE. Located in Pinole Valley featuring 4 bedrooms, 2 baths. Many amenities in this two story home. G-47. 222-7272.

ONLY \$74,900. Great price for this 3 bedroom home in excellent N.E. area of Richmond. Close to everything. Good financing available. G-48. 223-4441.

DUPLEX—Richmond. Two bedrooms each unit plus extra 20 x 40 building with kitchen & bath. Owner will finance. Call for information. G-49. 232-4441.

BEAUTIFUL HOME—Richmond. Located in Mira Vista area. Cathedral beam ceilings, large bedrooms. With reasonable down, owner will carry. Show & sell. G-50. 232-0281.

\$10,000 DOWN—Richmond. This will move you in & assume a low interest city loan. Two year old Whitecliff. G-51. 232-0281.

TARA HILLS AREA. Sharp 3 bedroom home with family room & pool. Located in a quiet court. Many amenities. G-52. 232-7600.

OFFERS CONSIDERED—Richmond. Owner will wrap loan with 20% down, asking only \$74,500. Very nice 2+ bedroom home in nice area. G-53. 234-9211.

UNDER CONSTRUCTION—Richmond. 3 bedroom, 2 bath home. Buyers may choose color if bought before completion. Owner will look at all reasonable offers. G-54. 234-9211.

LOWEST PRICED. Located in Old Redwood. Very nice home for first time buyer. Good financing available. G-55. 799-0700.

ZONED COMMERCIAL. Excellent lot & carrier house for builder, contractor. Located in downtown Old Redwood. Asking \$94,500. G-56. 799-0700.

SPIC AND SPAN—San Pablo. Fresh paint in this 3 bedroom home located in very nice area. A/EK with spacious rooms. Owner will carry. G-57. 232-7272.

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LET'S GET STARTED—San Pablo. Only \$69,950 for this 4 bedroom, 2 bath home. Very nice area. Call for details. G-59. 233-4441.

ALBANY 525

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Open Sunday 2-5

1667 Tacoma

Charming 3 bdrm. Berkeley style home. Half block to Solano Ave.

925 Ensenada

3 bdrm, 2 bath. Half block to Solano.

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2 bdrm, 2 bath. Owner finances.

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W.C.P. Inc. (owner/larrv. 222-7083 or 229-2822).

MINI PARK

4 bdrm, family home in good location. Modernized kitchen, beautiful hardwood floors, level lot with mini fruit trees. Asking \$149,000. OWC at 12%. Even Normal. 524-2303 or Inland 527-4597.

NORM WILLIAMS

Realtor 524-2303

"Don't Read Unless" you have large family to house. Full 3 bdrm., 2 bath home up plus 3 finished, 1 bath 1/2 unfinished down. Totals 4 1/2 bdrms, 3 baths, 2 fraps, 2 car garage with opener. Landscaped with sprinklers. Offer Arlington. Asking ONLY \$234,875. See your Real Estate Broker. RUFER, REALTOR 454-1234

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3 bdrms, 2 baths, move-in ready home on Panoramic Bay view. Seller financing. 12% for 10 years for qualified buyer. \$154,000. Call EL CERRITO 524-2303 or Inland 527-4597.

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4 bdrm, family home in good location. Modernized kitchen, beautiful hardwood floors, level lot with mini fruit trees. Asking \$149,000. OWC at 12%. Even Normal. 524-2303 or Inland 527-4597.

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CHARMING, WATERFRONT

3 bdrms, 2 baths, move-in ready home on Panoramic Bay view. Seller financing. 12% for 10 years for qualified buyer. \$154,000. Call EL CERRITO 524-2303 or Inland 527-4597.

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2 bedroom, 1 bath in Super Area. Close to transit, shopping schools. Low as 10% down, low as 11% financing.

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4 bdrm, family home in good location. Modernized kitchen, beautiful hardwood floors, level lot with mini fruit trees. Asking \$149,000. OWC at 12%. Even Normal. 524-2303 or Inland 527-4597.

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3 bdrms, 2 baths, move-in ready home on Panoramic Bay view. Seller financing. 12% for 10 years for qualified buyer. \$154,000. Call EL CERRITO 524-2303 or Inland 527-4597.

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Sweeping bayview. Well cared for 3 bdrm, 2 bath.

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2 bedroom, 1 bath in Super Area. Close to transit, shopping schools. Low as 10% down, low as 11% financing.

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4 bdrm, family home in good location. Modernized kitchen, beautiful hardwood floors, level lot with mini fruit trees. Asking \$149,000. OWC at 12%. Even Normal. 524-2303 or Inland 527-4597.

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FARM

Plenty of garden room goes with this large 3 bedroom Pinole home on a farm-sized corner lot. Remodeling parcel! A must see if your growing family needs more room in a farm-sized corner lot. Remodeling parcel! A must see if your growing family needs more room in a farm-sized corner lot.

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Under \$100,000

Extra sharp home, just on the market. Features central vacuum, family room with fireplace, remodeled kitchen, 3 bedrooms, and 2 baths. In excellent area of the valley.

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3 bedroom home with large room all electric kitchen, family room, nice formal dining room, & patio. Near park, school, & transportation. Owner will help finance. Asking \$79,950.

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REMOD. 3 bdrms in Par-chester. Drive by 713 Bradford Dr. Appraised \$47,000. Call Realtor 232-8116. eves 655-3140.

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\$20,000 REDUCTION

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Athletic Village Mutual Home Corp. Big back yard with shed, remodeled kitchen & new carpet. \$25,000. Call anytime 232-0778.

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BY OWNER

Assumption loan at 7.75% on this 3 bdrm, 2 bath Richmond. View from home. \$25,000 down, owner carries. 12.3% financing. \$125,000. 783-9123. P-5 ask for Mr. Lee.

PINOLE

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RODEO

BY OWNER

Assumption loan at 7.75% on this 3 bdrm, 2 bath Richmond. View from home. \$25,000 down, owner carries. 12.3% financing. \$125,000. 783-9123. P-5 ask for Mr. Lee.

PINOLE

638

OLD TIME

READERS

ONLY \$59,950

No. 411-RICHMOND. Excellent starter home. Seller will finance. 12.3% financing. \$125,000. 783-9123. P-5 ask for Mr. Lee.

VIEWTIFUL

PT. RICHMOND

Modern bay view condo. No more than reduced price approx. 1,500 sq. ft. Bay view from every window. \$225. 724-6100.

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5% down to acquire this 3 bedroom home on a large lot with a cottage in back. Financing: 11% fixed interest rate. 30 year amort.; 12 year due date; owner occupied; guaranteed re-financing; 1% loan fee; call Neal or Dennis today!

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2

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central air
dishwasher
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120 sq ft
central air
dishwasher
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to shopping
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FOR RENT 930
1 bdrm, 1 bath
120 sq ft
central air
dishwasher
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1 bdrm, 1 bath
120 sq ft
central air
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1 bdrm, 1 bath
120 sq ft
central air
dishwasher
carpeting
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1 bdrm, 1 bath
120 sq ft
central air
dishwasher
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1 bdrm, 1 bath
120 sq ft
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1 bdrm, 1 bath
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FOUR 1977 Kipcar S
rims with TA radials. WANTED: Call 222-5728.

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rims. Reasonable. 799-5911 aft. 5 pm.

CHEV. '64 Impala front
end. Comp. w/ bumper & grill. \$400. 232-4860.

'69 Impala front end.
\$1000. '72 Vega GT motor. \$1000. Vega 3 spd & linkage. \$50. 234-5568.

VANS 920
CHEV '79 Van.
6 cylinder, automatic, new paint. \$3800. 236-6790

VANS 920
CHEV '79 Van.
6 cylinder, automatic, new paint. \$3800. 236-6790

DODGE '73 Sportsman
Van: excellent condition. Rebuilt engine with extras. \$2250. 654-4299.

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\$2,000 mi. \$1300. 236-6790

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TRUCKS AND 4 WHEEL DRIVE 925
CHEV Luv '79 4x4:
completed for off road use. 4 wheel drive. \$2000. 236-6790

CHEV '75 C10 Steepside
Pickup. PS, PB. 450 cc in motor, runs good. \$1800. 724-4761.

CHEV. '52 Pickup.
Needs work. \$200. 236-6790

DODGE power van '76.
4 wheel drive. Club cab. 1/2 ton. New tires. \$1000 cash. Take over or buy for \$2000. \$1000. 236-6790

FORD '58 cust. cab 1/2 ton.
rblt eng. trans \$3000. Chev '56 flatbed, needs eng wk \$500. 235-8209-9-5

FORD, black '57 Pickup.
New tires, rims, shocks, clutch. Strong eng. \$700 firm. Bob. 848-4128.

SCHOOL BUS, Wayne, '78.
13 pass. Excel cond. 1 owner. Kimball Piano. 81, like new. 234-6191. ask for Jeanette Webster of Larry Gavin.

IMPORTED CARS 935
BMW '79 320i
52,000 miles. \$9800. Contact John Clark. 234-6262 ext. 215.

DATSUN. I can get new
or used Datsuns at fleet prices. Must ask for Barry Martin 234-1400, dir.

DATSUN '74 710: new radials, new tune-up, excel cond. \$1875 or offer. 234-7104; 237-8617.

DATSUN '71 510 wagon.
89,000 mi. Excel cond. radials tires. Orig. owner. \$1750. 524-1461

DATSUN '79 280 2+2: automatic, air, shade kit, 30,370 careful miles. (271JX). Special \$995. Call Ira at U.C. DATSUN. 548-2937

DATSUN '76 710: auto, trans, new battery, new tires. A steal at \$3195. (314PBT). Call Ira at U.C. DATSUN. 548-2937

FIAT '79 X-19: 5 speed, real sharp. Low miles. A beauty. (1E1K275). Only \$2495. Call Ira at U.C. DATSUN. 548-2937

FIAT '73 124 sta. wgn:
strong motor, 93,000 mi. Needs work. \$400. Roger 526-0901 or 642-5199.

HONDA '74 4 spd, new
multipl. exc running. mpg. Needs paint. \$1395 offer. 234-7104; 237-8617.

HONDA '74 Civic
4 spd. \$1700. 236-3522; 234-9069.

HONDA CIVIC, '77 3 dr
sedan. Under 42,000 mi. \$3100 or best offer. 758-2019.

JENSEN '73, Healy, exc
cond. \$3700. MGB '70 GT, good cond. 30 mpg. \$1700. 644-2902

MAXDA '72 Wagon: fac-
tory rebuilt eng with new parts, extras. Good cond. \$1250. 654-4299.

MAZDA '81, deluxe 626,
exc. cond. 2 dr., 30,000 mi. Many extras. 549-2992.

Want Ads 237-1111 or 843-4800



David Heffner as Captain Big Jim Warrington stars with Catherine Boyle in Little Mary Sunshine

A little sunshine in E.C.

EL CERRITO — The musical "Little Mary Sunshine," which pokes fun at the fluttering heroine and sturdy hero of the old-time operettas, is on stage now at Contra Costa Civic Theatre.

Starring Catherine Boyle of Richmond as the winsome Little Mary and El Sobrante's David Heffner as Captain Big Jim Warrington, the production features a cast of 21 East Bay residents under the direction of Kathleen Ray and Holly Belov.

Performances are at 8:30 p.m. Fridays and Saturdays through Aug. 7 at the theater, 951 Pomona Ave. at Mooser Lane. There are two Thursday performances on July 9 and Aug. 5. Tickets are \$5 general and reservations are recommended by calling 524-9132.

The cast includes Dena Martinez of Richmond and David Shello of El Cerrito as Nancy Twinkle and Corporal Billy Jester, with El Cerrito's Parcae Fort as Ernestine and Stephen Dentone as Uncle Oscar. The Indians are portrayed by Robert Espinosa, of Oakland, Tom Eckert, San Pablo and Craig Patino, El Cerrito.

Vocal direction is by Kimberly Mayer and choreographer is Karin Anderson. Matthew Flynn designed the Colorado Inn sets and costumes were created by Catherine Schutz. Pianist Ruth Chang and drummer Stephen Van Dewar provide the music; the production is coordinated by producer Bill Jensen and company manager Ted McClellan.

For information about special group rates, future production or the theater's classes call 235-0785.

PUBLIC NOTICE

LEGAL NOTICE A-91227
NOTICE OF TRUSTEE'S SALE

Loan No. HYUN
T.S. No. 0252-1-82

T.D. SERVICE COMPANY, a California corporation, as duly appointed Trustee under the following described deed of trust WILL SELL AT PUBLIC AUCTION, FOR CASH, THE HIGHEST BIDDER FOR CASH, (payable at time of sale in lawful money of the United States) all right, title and interest conveyed to and now held by it under said Deed of Trust in the property hereinafter described:

TRUSTOR: HARRY Y. HYUN and ELLEN HYUN, his wife, BENEFICIARY: CENTRAL BANK, CUSTODIAN FOR THE COUNTY OF ALAMEDA TRUST DEED NOTES, Recorded February 10, 1981 as Instr. No. 81 17012 in book 10198 page 449 of Official Records in the office of the Recorder of Contra Costa County; said deed of trust describes the following property:

Lots 8, 9 and 10 in Block 7, as designated on the map entitled, "Richmond Sea View Tract, Contra Costa Co., California", which map was filed in the office of the Recorder of the County of Contra Costa, State of California on September 15, 1913 in Volume 11 of Maps, at page 246

7131 CUTTING BOULEVARD EL CERRITO, CALIFORNIA

YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED JANUARY 22, 1981 UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER.

(If a street address or common designation is shown above, no warranty is given as to its completeness or correctness.) The beneficiary under said Deed of Trust, by reason of a breach or default in the obligations secured thereby, heretofore executed and delivered to the undersigned a written Declaration of Default and Demand for Sale, and written notice of breach and of election to cause the undersigned to sell said property to satisfy said obligations, and thereafter the undersigned caused said notice of breach and of election to be recorded April 1, 1982 as Instr. No. 82 36193 in book 10729 page 946, of said Official Records.

Said sale will be made, but without covenant or warranty, express or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by said Deed of Trust, with interest as in said note provided, advances, if any, under the terms of said Deed of Trust, fees, charges and expenses of the Trustee and of the Trust created by said Deed of Trust.

Said sale will be held on THURSDAY, AUGUST 5, 1982, at 11:00 a.m., at the office of T. D. Service Company, 1990 N. California Blvd., Suite 716, Walnut Creek, California.

At the time of the initial publication of this notice, the total amount of the unpaid balance of the obligation secured by the above described deed of trust and estimated costs, expenses, and advances is \$126,325.13. To determine the opening bid, you may call (415) 945-6418.

Date: July 6, 1982
T.D. SERVICE COMPANY
as Trustee

by KAREN MERKEL
Asst. Secretary
1990 N. California Blvd
Suite 716
Walnut Creek, Ca 94596-3787
3490A-July 14, 21, 28, 1982.

PUBLIC NOTICE

LEGAL NOTICE A-91224
STATEMENT OF WITHDRAWAL FROM PARTNERSHIP OPERATING UNDER

FICTITIOUS BUSINESS NAME FILE NO. 008221

The following person has withdrawn from the partnership operating under the business name of:

MS McPhyzz
1486 Solano Ave
Albany, CA 94706

The fictitious business name referred to above was filed in County on July 10, 1973

GAIL MANWELL REED
1239 Carolina Ave
Berkeley, CA 94707

Signed
GAIL M. REED
This statement was filed with the County Clerk of Alameda County on July 7, 1982

CERTIFICATION
I hereby certify that the foregoing is a correct copy of the original on file in my office.

R. C. DAVIDSON
County Clerk
By A. NALLY
Deputy
34914-July 14, 21, 28; August 4, 1982.

LEGAL NOTICE A-91221
FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 58175

The following persons are doing business as:

Ms McPhyzz
1486 Solano Ave
Albany, CA 94706

MARGARETTA C. BISSON
4 Indian Rock Park
Berkeley, CA 94707

PATRICIA A. MENGEL
1021 Sierra St
Berkeley, CA 94707

This business is conducted by a general partnership

Signed
M. CARROLL BISSON
This statement was filed with the County Clerk of Alameda County on July 7, 1982

CERTIFICATION
I hereby certify that the foregoing is a correct copy of the original on file in my office.

RENE C. DAVIDSON,
County Clerk
Alameda County
By ANN NALLY
Deputy
34924-July 14, 21, 28; August 4, 1982.

LEGAL NOTICE A-88761
FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 57620

The following person is doing business as:

ETCETERA, GIFT AND STATIONERY
1104 Solano Avenue
Albany, CA 94706

CHANG SHIH-PING
723 Kearney
El Cerrito, CA 94530

This business is conducted by an individual

Signed
CHANG SHIH-PING
This statement was filed with the County Clerk of Alameda County on June 14, 1982

CERTIFICATION
I hereby certify that the foregoing is a correct copy of the original on file in my office.

RENE C. DAVIDSON,
County Clerk
Alameda County
By GENEVIEVE GLANZ
Deputy
3484A-June 23, 30; July 7, 14, 1982.

Epworth Church plans kids classes

THOUSAND OAKS - The Epworth United Methodist Church recently began its special summer children and youth-adult education program.

The program theme, "God's gifts in nature from animals to plants to the stars," will be carried out in weekend activities and regular Sunday education classes.

The next children's weekend activity will be a trip to the UC-Berkeley Botanical Garden on Sunday, July 25, from 12 to 2 p.m. Children are asked to bring snack lunches. Guide for the trip will be Diane Smith. A family camp-out is planned in Tilden Park from 5 p.m. Friday, August 20 to 12 p.m. Saturday, August 21. Parents and other adult family members are invited to join this event.

The church will participate with eight other North Berkeley churches in an ecumenical vacation church school the week of Aug. 2. Classes will be from 9 a.m. to 12 p.m. at the School of the Madeleine for ages 4 to 12. For registration forms and further information call 524-2921.

The summer youth-adult education classes will be in "The Roots and Hopes of Ethnic Persons," classes began in early July. Included in the study will be discussions on Japanese-Americans, Filipino-Americans, Black-Americans, Afghani-Americans, Chinese-Americans and Korean-Americans. There also will be a presentation on "Hymns from the Third World" and a presentation on "Chicanos by Ray Telles from KOED on Aug. 22.

Education classes meet from 11:30 a.m. to noon every Sunday. The summer session will go from July 4 to Sept. 5.

The church is located at 1953 Hopkins St. in the Thousand Oaks district of north Berkeley. Phone 524-2921.

City congress is planned

City residents are invited to a Berkeley Community Congress, July 17, to put forward a progressive agenda for the November city elections.

The all day event is scheduled to begin at 9 a.m. at the West Berkeley Senior Center, 1800 Sixth St.

Workshops will address such topics as education, jobs, rent and housing control, human services and health, economic development, peace, and equal access to resources.

Navellier, Peterson exchange vows

EL CERRITO — Redwoods Catholic Church in Garberville was setting for the marriage of Loretta Rose Peterson and Louis Gene Navellier. Officiating was Father Denis Araujo of St. John's Parish in El Cerrito. A buffet and reception followed at the Benbow Inn and the couple is residing in El Cerrito.

Eve and Ernest Navellier of El Cerrito are parents of the bridegroom, and Lorry is the daughter of Joyce and Howard Peterson of Pinole.

She wore an ivory and satin William Cahill gown accented with Schiffler lace and English net. Matron of honor was Denise Canepa, a childhood friend of the bride since the first grade; and maid of honor was Barbara Breslin, another childhood friend since the ninth grade.

Best man was Louis' brother, Jeffrey Buchanan; and his father also was an attendant.

A Presentation High School graduate who attended Contra Costa College and Hayward State, Lorry is employed with Sohio Petroleum Co. in San Francisco and is a member of the Desk and Derrick Club. She has a grasshopper pie business on the side, selling to five restaurants and also to individuals.

Louis graduated from Salesian High School, received his M.B.A. from California State University at Hayward, and is employed with Federal Home Loan Bank of San Francisco.

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'77 TOYOTA CELICA (744XFN)	\$4995
'77 HONDA CIVIC (000690)	\$3295
'75 HONDA WAGON (840HMC)	\$2700
'80 FORD FIESTA (656510)	\$4750
'80 FORD COUGER (11K1231)	\$4795
'81 MAXDA RX-7 (513083)	\$9950
'80 HONDA ACCORD (1ALF29)	\$6575
'79 HONDA ACCORD (087855)	\$5895
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'81 HONDA CIVIC (16CX10)	\$5995
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'81 VW RABBIT (10DKX87)	\$5995
'80 HONDA ACCORD (535ZNR)	\$5795
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'80 HONDA ACCORD (1AAR303)	\$6295
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'76 DATSUN 280Z (400PGE)	\$5795
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'79 DATSUN 280 2+2 (108111)	\$9195
'81 HONDA ACCORD (42EKER)	\$8395
'79 HONDA ACCORD (337VWQ)	\$4995
'79 HONDA CIVIC (187KFM)	\$3750
'76 VW DASHER (651PRL)	\$3995
'77 TOYOTA COROLLA (74S10)	\$2995
'78 HONDA CIVIC (53AULU)	\$3295
'78 FIAT BRAVA (585WBT)	\$3995
'79 FORD PINTO (289XGV)	\$3695
'73 VOLVO 164 (45339)	\$2995
'81 HONDA PRELUDE (1CEB083)	\$7750
'80 HONDA CIVIC (125YUQ)	\$5150
'79 DATSUN 210 (747YGS)	\$3575
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'81 HONDA ACCORD (1B8R304)	\$8195
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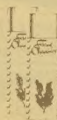
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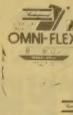


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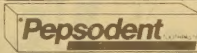
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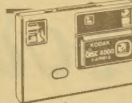
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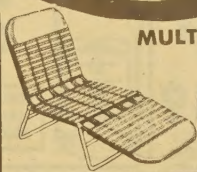
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* Take 12 exposures with color equivalent of 36 exposures with black and white.
* All prints will be made on Kodak Ektachrome film.
* Kodak Ektachrome film is available in 135, 135B, 135C, 135D, 135E, 135F, 135G, 135H, 135I, 135J, 135K, 135L, 135M, 135N, 135O, 135P, 135Q, 135R, 135S, 135T, 135U, 135V, 135W, 135X, 135Y, 135Z, 135AA, 135AB, 135AC, 135AD, 135AE, 135AF, 135AG, 135AH, 135AI, 135AJ, 135AK, 135AL, 135AM, 135AN, 135AO, 135AP, 135AQ, 135AR, 135AS, 135AT, 135AU, 135AV, 135AW, 135AX, 135AY, 135AZ, 135BA, 135BB, 135BC, 135BD, 135BE, 135BF, 135BG, 135BH, 135BI, 135BJ, 135BK, 135BL, 135BM, 135BN, 135BO, 135BP, 135BQ, 135BR, 135BS, 135BT, 135BU, 135BV, 135BW, 135BX, 135BY, 135BZ, 135CA, 135CB, 135CC, 135CD, 135CE, 135CF, 135CG, 135CH, 135CI, 135CJ, 135CK, 135CL, 135CM, 135CN, 135CO, 135CP, 135CQ, 135CR, 135CS, 135CT, 135CU, 135CV, 135CW, 135CX, 135CY, 135CZ, 135DA, 135DB, 135DC, 135DD, 135DE, 135DF, 135DG, 135DH, 135DI, 135DJ, 135DK, 135DL, 135DM, 135DN, 135DO, 135DP, 135DQ, 135DR, 135DS, 135DT, 135DU, 135DV, 135DW, 135DX, 135DY, 135DZ, 135EA, 135EB, 135EC, 135ED, 135EE, 135EF, 135EG, 135EH, 135EI, 135EJ, 135EK, 135EL, 135EM, 135EN, 135EO, 135EP, 135EQ, 135ER, 135ES, 135ET, 135EU, 135EV, 135EW, 135EX, 135EY, 135EZ, 135FA, 135FB, 135FC, 135FD, 135FE, 135FF, 135FG, 135FH, 135FI, 135FJ, 135FK, 135FL, 135FM, 135FN, 135FO, 135FP, 135FQ, 135FR, 135FS, 135FT, 135FU, 135FV, 135FW, 135FX, 135FY, 135FZ, 135GA, 135GB, 135GC, 135GD, 135GE, 135GF, 135GG, 135GH, 135GI, 135GJ, 135GK, 135GL, 135GM, 135GN, 135GO, 135GP, 135GQ, 135GR, 135GS, 135GT, 135GU, 135GV, 135GW, 135GX, 135GY, 135GZ, 135HA, 135HB, 135HC, 135HD, 135HE, 135HF, 135HG, 135HH, 135HI, 135HJ, 135HK, 135HL, 135HM, 135HN, 135HO, 135HP, 135HQ, 135HR, 135HS, 135HT, 135HU, 135HV, 135HW, 135HX, 135HY, 135HZ, 135IA, 135IB, 135IC, 135ID, 135IE, 135IF, 135IG, 135IH, 135II, 135IJ, 135IK, 135IL, 135IM, 135IN, 135IO, 135IP, 135IQ, 135IR, 135IS, 135IT, 135IU, 135IV, 135IW, 135IX, 135IY, 135IZ, 135JA, 135JB, 135JC, 135JD, 135JE, 135JF, 135JG, 135JH, 135JI, 135JJ, 135JK, 135JL, 135JM, 135JN, 135JO, 135JP, 135JQ, 135JR, 135JS, 135JT, 135JU, 135JV, 135JW, 135JX, 135JY, 135JZ, 135KA, 135KB, 135KC, 135KD, 135KE, 135KF, 135KG, 135KH, 135KI, 135KJ, 135KL, 135KM, 135KN, 135KO, 135KP, 135KQ, 135KR, 135KS, 135KT, 135KU, 135KV, 135KW, 135KX, 135KY, 135KZ, 135LA, 135LB, 135LC, 135LD, 135LE, 135LF, 135LG, 135LH, 135LI, 135LJ, 135LK, 135LL, 135LM, 135LN, 135LO, 135LP, 135LQ, 135LR, 135LS, 135LT, 135LU, 135LV, 135LW, 135LX, 135LY, 135LZ, 135MA, 135MB, 135MC, 135MD, 135ME, 135MF, 135MG, 135MH, 135MI, 135MJ, 135MK, 135ML, 135MM, 135MN, 135MO, 135MP, 135MQ, 135MR, 135MS, 135MT, 135MU, 135MV, 135MW, 135MX, 135MY, 135MZ, 135NA, 135NB, 135NC, 135ND, 135NE, 135NF, 135NG, 135NH, 135NI, 135NJ, 135NK, 135NL, 135NM, 135NN, 135NO, 135NP, 135NQ, 135NR, 135NS, 135NT, 135NU, 135NV, 135NW, 135NX, 135NY, 135NZ, 135OA, 135OB, 135OC, 135OD, 135OE, 135OF, 135OG, 135OH, 135OI, 135OJ, 135OK, 135OL, 135OM, 135ON, 135OO, 135OP, 135OQ, 135OR, 135OS, 135OT, 135OU, 135OV, 135OW, 135OX, 135OY, 135OZ, 135PA, 135PB, 135PC, 135PD, 135PE, 135PF, 135PG, 135PH, 135PI, 135PJ, 135PK, 135PL, 135PM, 135PN, 135PO, 135PP, 135PQ, 135PR, 135PS, 135PT, 135PU, 135PV, 135PW, 135PX, 135PY, 135PZ, 135QA, 135QB, 135QC, 135QD, 135QE, 135QF, 135QG, 135QH, 135QI, 135QJ, 135QK, 135QL, 135QM, 135QN, 135QO, 135QP, 135QQ, 135QR, 135QS, 135QT, 135QU, 135QV, 135QW, 135QX, 135QY, 135QZ, 135RA, 135RB, 135RC, 135RD, 135RE, 135RF, 135RG, 135RH, 135RI, 135RJ, 135RK, 135RL, 135RM, 135RN, 135RO, 135RP, 135RQ, 135RR, 135RS, 135RT, 135RU, 135RV, 135RW, 135RX, 135RY, 135RZ, 135SA, 135SB, 135SC, 135SD, 135SE, 135SF, 135SG, 135SH, 135SI, 135SJ, 135SK, 135SL, 135SM, 135SN, 135SO, 135SP, 135SQ, 135SR, 135SS, 135ST, 135SU, 135SV, 135SW, 135SX, 135SY, 135SZ, 135TA, 135TB, 135TC, 135TD, 135TE, 135TF, 135TG, 135TH, 135TI, 135TJ, 135TK, 135TL, 135TM, 135TN, 135TO, 135TP, 135TQ, 135TR, 135TS, 135TT, 135TU, 135TV, 135TW, 135TX, 135TY, 135TZ, 135UA, 135UB, 135UC, 135UD, 135UE, 135UF, 135UG, 135UH, 135UI, 135UJ, 135UK, 135UL, 135UM, 135UN, 135UO, 135UP, 135UQ, 135UR, 135US, 135UT, 135UU, 135UV, 135UW, 135UX, 135UY, 135UZ, 135VA, 135VB, 135VC, 135VD, 135VE, 135VF, 135VG, 135VH, 135VI, 135VJ, 135VK, 135VL, 135VM, 135VN, 135VO, 135VP, 135VQ, 135VR, 135VS, 135VT, 135VU, 135VV, 135VW, 135VX, 135VY, 135VZ, 135WA, 135WB, 135WC, 135WD, 135WE, 135WF, 135WG, 135WH, 135WI, 135WJ, 135WK, 135WL, 135WM, 135WN, 135WO, 135WP, 135WQ, 135WR, 135WS, 135WT, 135WU, 135WV, 135WW, 135WX, 135WY, 135WZ, 135XA, 135XB, 135XC, 135XD, 135XE, 135XF, 135XG, 135XH, 135XI, 135XJ, 135XK, 135XL, 135XM, 135XN, 135XO, 135XP, 135XQ, 135XR, 135XS, 135XT, 135XU, 135XV, 135XW, 135XX, 135XY, 135XZ, 135YA, 135YB, 135YC, 135YD, 135YE, 135YF, 135YG, 135YH, 135YI, 135YJ, 135YK, 135YL, 135YM, 135YN, 135YO, 135YP, 135YQ, 135YR, 135YS, 135YT, 135YU, 135YV, 135YW, 135YX, 135YY, 135YZ, 135ZA, 135ZB, 135ZC, 135ZD, 135ZE, 135ZF, 135ZG, 135ZH, 135ZI, 135ZJ, 135ZK, 135ZL, 135ZM, 135ZN, 135ZO, 135ZP, 135ZQ, 135ZR, 135ZS, 135ZT, 135ZU, 135ZV, 135ZW, 135ZX, 135ZY, 135ZZ

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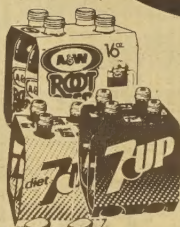
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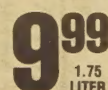
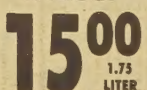
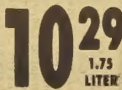
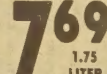
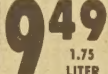
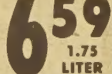
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